

**CONSORT 2010 Flow Diagram**

Assessed for eligibility (n= 87)

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## Enrolment

Analysed (pregnant n= 8, non-pregnant = 42)

Excluded (n= 18)

  Did not meet inclusion criteria (n= 14)

  Declined to participate (n=4)

Lost to follow-up as did not return contact (pregnant n= 1, non-pregnant n= 9)

Refused to undertake 24-hr recalls (non-pregnant = 4)

Discontinued study due to technical problems (pregnant n= 1, non-pregnant = 3)

## Follow-Up

Pregnant (n =10)

Non-Pregnant (n=58)

## Participant Type

## Analysis