**Additional file 2**

**Figure S1. Schedule of the assessments**

**Table S1. Incidence of suicidality, manic switches or any serious adverse events up to week 9 for Step 1 randomisation**

**Table S2. Incidence of suicidality, manic switches or any serious adverse events up to week 25 for Step 1 randomisation**

**Table S3. Two pre-specified subgroup analyses for Step 1 randomisation**

**Table S4. Four pre-specified sensitivity analyses for Step 1 randomisation**

**Table S5. Incidence of suicidality, manic switches or any serious adverse events up to week 9 for Step 2 randomisation**

**Table S6. Incidence of suicidality, manic switches or any serious adverse events up to week 25 for Step 2 randomisation**

**Table S7. Three pre-specified subgroup analyses for Step 2 randomisation**

**Figure S1. Schedule of the assessments**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | Week 1 | (Week 2) | Week 3 | (Week 4) | Week 5 | (Week 6) | Week 7  | (Week 8) | Week 9 | Week 13 | Week 17 | Week 21 | Week 25 |
| Treating physician |  | BDI-II | ● | ○ | ● | ○ | ● | ○ | ● | ○ | ● | ● | ● | ● | ● |
| PRIME-MD | ● |  |  |  |  |  |  |  |  |  |  |  |  |
| Baseline characteristics | ● |  |  |  |  |  |  |  |  |  |  |  |  |
| Suicidality/Manic switch |  |  |  |  |  |  |  |  | ● |  |  |  | ● |
| Site CRC | Treatment received | ● |  | ● |  | ● |  | ● |  | ● | ● | ● | ● | ● |
|  | Central rater | PHQ-9 | ● |  | ● |  |  |  |  |  | ● |  |  |  | ● |
| FIBSER | ● |  | ● |  |  |  |  |  | ● |  |  |  | ● |

BDI-II: Beck Depression Inventory-II, CRC: Clinical research coordinator, FIBSER: Frequency, Intensity and Burden of Side Effects Rating, PHQ-9: Patient Health Questionnaire-9

●: Required.

○: Optional and provided only if the patient makes the visit at that time point.

**Table S1. Incidence of suicidality, manic switches or any serious adverse events up to week 9 for Step 1 randomisation**

|  |  |  |
| --- | --- | --- |
|  | Titrate sertraline up to 50 mg/d by week 3 | Titrate sertraline up to 100 mg/d by week 3 |
| Incidence of any suicidality (C-CASA 1-7) between 0 and 9 weeks | Unremitted and allocated to continue sertraline4/261 (1.53%),Remitted and continued on sertraline0/129 (0.00%),Outside protocol treatment2/70 (2.86%) | Unremitted and allocated to continue sertraline9/290 (3.10%),Remitted and continued on sertraline0/101 (0.00%),Outside protocol treatment2/64(3.13%) |
| Incidence of serious suicidality (C-CASA 1-3) between 0 and 9 weeks | Unremitted and allocated to continue sertraline2/261 (0.77%),Remitted and continued on sertraline0/129 (0.00%),Outside protocol treatment1/70 (1.43%) | Unremitted and allocated to continue sertraline2/290 (0.69%),Remitted and continued on sertraline0/101 (0.00%),Outside protocol treatment1/64 (1.56%) |
| Incidence of mania, hypomania and mixed episodes between 0 and 9 weeks | Unremitted and allocated to continue sertraline1/261 (0.38%),Remitted and continued on sertraline0/129 (0.00%),Outside protocol treatment0/70 (0.00%) | Unremitted and allocated to continue sertraline1/290 (0.34%),Remitted and continued on sertraline0/101 (0.00%),Outside protocol treatment1/64 (1.56%) |

C-CASA: Columbia Classification Algorithm of Suicide Assessment

**Table S2. Incidence of suicidality, manic switches or any serious adverse events up to week 25 for Step 1 randomisation**

|  |  |  |
| --- | --- | --- |
|  | Titrate sertraline up to 50 mg/d by week 3 | Titrate sertraline up to 100 mg/d by week 3 |
| Incidence of any suicidality (C-CASA 1-7) between 0 and 25 weeks | Unremitted and allocated to continue sertraline5/261 (1.92%)Remitted and continued on sertraline0/129 (0.00%)Outside protocol treatment3/70 (4.29%) | Unremitted and allocated to continue sertraline11/290 (3.79%)Remitted and continued on sertraline0/101 (0.00%)Outside protocol treatment3/31 (4.69%) |
| Incidence of serious suicidality (C-CASA1-3) between 0 and 25 weeks | Unremitted and allocated to continue sertraline3/261 (1.15%)Remitted and continued on sertraline0/129 (0.00%)Outside protocol treatment1/69 (1.43%) | Unremitted and allocated to continue sertraline2/290 (0.69%)Remitted and continued on sertraline0/101 (0.00%)Outside protocol treatment1/64 (1.56%) |
| Incidence of mania, hypomania and mixed episodes between 0 and 25 weeks | Unremitted and allocated to continue sertraline2/261 (0.77%)Remitted and continued on sertraline0/129 (0.00%)Outside protocol treatment0/70 (0.00%) | Unremitted and allocated to continue sertraline3/290 (1.03%)Remitted and continued on sertraline0/101 (0.00%)Outside protocol treatment2/64 (3.13%) |
| Incidence of serious adverse events between 0 and 25 weeks | Unremitted and allocated to continue sertraline8/261 (3.07%)Remitted and continued on sertraline1/129 (0.78%)Outside protocol treatment6/70 (8.57%) | Unremitted and allocated to continue sertraline8/290 (2.76%)Remitted and continued on sertraline0/101 (0.00%)Outside protocol treatment8/64 (12.50%) |

C-CASA: Columbia Classification Algorithm of Suicide Assessment

**Table S3. Two pre-specified subgroup analyses for Step 1 randomisation**

1. whether the PHQ-9 score at week 1 was 15 or greater (corresponding with moderate to severe depression) or not (interaction P=0.56)

|  |  |  |  |
| --- | --- | --- | --- |
| PHQ-9 at week 9 | Titrate sertraline up to 50 mg/d by week 3 | Titrate sertraline up to 100 mg/d by week 3 | 100 mg/day vs 50 mg/day |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference(95%CI)P-value |
| PHQ-9 score at week 1 was 15 or more (n=1150) | 10.02(8.97 to 11.06) | 10.78(10.05 to 11.51) | 0.77(-0.48 to 2.01)P=0.23 |
| PHQ-9 score at week 1 was 14 or less (n=861) | 5.60(5.03 to 6.17) | 5.17(4.53 to 5.81) | -0.43(-1.32 to 0.45)P=0.34 |

PHQ-9: Patient Health Questionnaire-9

1. whether the patient had shown improvement from week 0 to week 1 at or above the median of the sample or not (interaction P=0.87)

|  |  |  |  |
| --- | --- | --- | --- |
| PHQ-9 at week 9 | Titrate sertraline up to 50 mg/d by week 3 | Titrate sertraline up to 100 mg/d by week 3 | 100 mg/day vs 50 mg/day |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference(95%CI)P-value |
| Had shown greater improvement by week 1 (n=847) | 6.46(5.59 to 7.34) | 6.18(5.53 to 6.83) | -0.28(-1.42 to 0.85)P=0.62 |
| Had shown smaller improvement by week 1 (n=1162) | 9.25(8.38 to 10.11) | 9.96(9.20 to 10.72) | 0.71(-0.41 to 1.84)P=0.21 |

PHQ-9: Patient Health Questionnaire-9

**Table S4. Four pre-specified sensitivity analyses for Step 1 randomisation**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Titrate sertraline up to 50 mg/d by week 3 | Titrate sertraline up to 100 mg/d by week 3 | 100 mg/day vs 50 mg/day |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference(95%CI)P-value |
| PHQ-9 according to the completers’ analysis | 8.15(7.63 to 8.67) | 8.14(7.70 to 8.57) | -0.02(-0.63 to 0.60)P=0.96 |
| PHQ-9 according to the model using linear visit instead of categorical visit | 8.34(7.55 to 9.12) | 8.50(8.08 to 8.91) | 0.16(-0.70 to 1.02)P=0.72BIC=10354.5 |
| PHQ-9 according to the model using log(visit) instead of visit | 8.34(7.55 to 9.12) | 8.50(8.08 to 8.91) | 0.16(-0.70 to 1.02)P=0.72BIC=10347.7 |
| PHQ-9 according to the model using actual dates for visit instead of planned weeks | 8.53(7.76 to 9.31) | 8.63(8.19 to 9.06) | 0.09(-0.75 to 0.94)P=0.83BIC= 10223.0 |

Cf. The BIC for the primary analysis model was 10347.4.

**Table S5. Incidence of suicidality, manic switches or any serious adverse events up to week 9 for Step 2 randomisation**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Continue with sertraline | Combine sertraline with mirtazapine | Switch to mirtazapine | Combine vs Continue | Switch vs Continue | Combine vs Switch |
|  | Raw numbers (%) | Raw numbers (%) | Raw numbers (%) | Adjusted OR(95%CI)P-value | Adjusted OR(95%CI)P-value | Adjusted OR(95%CI)P-value |
| Incidence of any suicidality (C-CASA 1-7) between 0 and 9 weeks | 12/551(2.18%) | 9/537(1.68%) | 4/558(0.72%) | 0.80(0.33 to 1.96)P=0.62 | 0.29(0.09 to 0.93)P=0.04 | 2.73(0.82 to 9.10)P=0.10 |
| Incidence of severe suicidality (C-CASA 1-3) between 0 and 9 weeks | 4/551(0.73%) | 2/537(0.37%) | 1/558(0.18%) | 0.56(0.10 to 3.19)P=0.51 | 0.24(0.03 to 2.18)P=0.24 | 2.38(0.21 to 27.14)P=0.48 |
| Incidence of mania, hypomania and mixed episodes between 0 and 9 weeks | 2/551(0.36%) | 1/537(0.19%) | 1/558(0.19%) | 0.55(0.05 to 6.42)P= 0.64 | 0.40(0.03 to 4.53)P=0.46 | 1.40(0.08 to 23.52)P=0.81 |

C-CASA: Columbia Classification Algorithm of Suicide Assessment

**Table S6. Incidence of suicidality, manic switches or any serious adverse events up to week 25 for Step 2 randomisation**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Continue with sertraline | Combine sertraline with mirtazapine | Switch to mirtazapine | Combine vs Continue | Switch vs Continue | Combine vs Switch |
|  | Raw numbers (%) | Raw numbers (%) | Raw numbers (%) | Adjusted OR(95%CI)P-value | Adjusted OR(95%CI)P-value | Adjusted OR(95%CI)P-value |
| Incidence of any suicidality (CCASA 1-7) between 0 and 25 weeks | 16/551(2.90%) | 15/537(2.79%) | 9/558(1.61%) | 1.01(0.49 to 2.21)P=0.98 | 0.52(0.22 to 1.21)P=0.13 | 1.94(0.83 to 4.57)P=0.13 |
| Incidence of severe suicidality (CCASA 1-3) between 0 and 25 weeks | 5/551(0.91%) | 5/537(0.93%) | 3/558(0.54%) | 1.07(0.30 to 3.80)P=0.92 | 0.57(0.13 to 2.44)P=0.45 | 1.88(0.44 to 8.06)P=0.40 |
| Incidence of mania, hypomania and mixed episodes between 0 and 25 weeks | 5/551(0.91%) | 1/537(0.19%) | 2/558(0.36%) | 0.22(0.03 to 1.95)P=0.17 | 0.36(0.07 to 1.93)P=0.23 | 0.62(0.05 to 6.97)P=0.70 |
| Incidence of serious adverse events between 0 and 25 weeks | 16/551(2.90%) | 12/537(2.23%) | 14/558(2.51%) | 0.80(0.36 to 1.75)P=0.57 | 0.88(0.41 to 1.87)P=0.74 | 0.91(0.41 to 2.03)P=0.81 |

C-CASA: Columbia Classification Algorithm of Suicide Assessment

**Table S7. Three pre-specified subgroup analyses for Step 2 randomisation**

1. whether 50% or greater reduction on PHQ-9 was achieved from week1 to week 3 or not (interaction P=0.18)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| PHQ-9 at week 9 | Continue sertraline | Combine with mirtazapine | Switch to mirtazapine | Combine vs Continue | Switch vs Continue | Combine vs Switch |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value |
| 50% or greater reduction (n=187) | 4.77(3.77 to 5.77) | 4.97(3.98 to 5.96) | 3.93(2.85 to 5.00) | 0.20(-1.10 to 1.50)P=0.77 | -0.85(-2.20 to 0.51)P=0.22 | 1.04(-0.31 to 2.39)P=0.13 |
| Less than 50% reduction (n=1460) | 9.96(9.30 to 10.63) | 8.65(7.98 to 9.32) | 8.76(8.11 to 9.42) | -1.31(-2.06 to -0.56)P=0.0006 | -1.20(-1.94 to -0.46)P=0.0015 | -0.11(-0.85 to 0.64)P=0.77 |

1. whether “moderate” or greater impairment due to side effects were reported on FIBSER at week 3 (interaction P=0.57)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| PHQ-9 at week 9 | Continue sertraline | Combine with mirtazapine | Switch to mirtazapine | Combine vs Continue | Switch vs Continue | Combine vs Switch |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value |
| “Moderate” or greater impairment (n=232) | 11.46(10.07 to 12.85) | 8.98(7.50 to 10.46) | 10.19(8.75 to 11.62) | -2.47(-4.50 to -0.45)P=0.0169 | -1.27(-3.27 to 0.73)P=0.21 | -1.20(-3.27 to 0.86)P=0.25 |
| “Mild” or less impairment (n=1415) | 9.00(8.34 to 9.65) | 8.11(7.45 to 8.76) | 7.89(7.24 to 8.54) | -0.89(-1.61 to -0.17)P=0.015 | -1.10(-1.82 to -0.40)P=0.002 | 0.22(-0.50 to 0.93)P=0.55 |

1. which treatment arm of Step 1 the patient was on (interaction P=0.46)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| PHQ-9 at week 9 | Continue sertraline | Combine with mirtazapine | Switch to mirtazapine | Combine vs Continue | Switch vs Continue | Combine vs Switch |
|  | Least squares mean(95%CI) | Least squares mean(95%CI) | Least squares mean(95%CI) | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value | Adjusted difference (95%CI)P-value |
| 50 mg/day arm (n=771) | 8.76(7.94 to 9.59) | 8.31(7.47 to 9.15) | 8.34(7.52 to 9.17) | -0.45(-1.48 to 0.58)P=0.39 | -0.42(-1.44 to 0.60)P=0.42 | -0.03(-1.06 to 1.00)P=0.95 |
| 100 mg/day arm (n=876) | 9.91(9.09 to 10.72) | 8.25(7.43 to 9.06) | 8.18(7.37 to 8.98) | -1.66(-2.57 to -0.75)P=0.0003 | -1.73(-2.63 to -0.83)P=0.0002 | 0.07(-0.83 to 0.97)P=0.88 |