

Table S2. Consumption of Foods Stated by Children and their Parents.

Food item	Children (N=267)		Parents (N=267)	
	Consume it (%)	Frequency of consumption ^a	Consume it (%)	Frequency of consumption ^a
Water	246 (92.1%)	2.9 (\pm 1.5)	212 (79.4%)	3.0 (\pm 1.5)
Fruit	245 (91.8%)	1.3 (\pm 1.0)	207 (77.5%)	1.3 (\pm 1.0)
Vegetable	243 (91.0%)	1.2 (\pm 0.8)	209 (78.3%)	1.3 (\pm 0.7)
Starchy foods	243 (91.0%)	2.2 (\pm 1.0)	208 (77.9%)	2.3 (\pm 1.0)
Whole grain	241 (90.3%)	0.5 (\pm 0.7)	207 (77.5%)	0.5 (\pm 0.7)
Dairy products	243 (91.0%)	1.7 (\pm 0.9)	209 (78.3%)	1.8 (\pm 0.9)
Proteins (meat, fish, eggs)	237 (88.8%)	1.3 (\pm 0.7)	208 (77.9%)	1.4 (\pm 0.7)
Legumes, tofu, quorn	241 (90.3%)	0.3 (\pm 0.5)	209 (78.3%)	0.3 (\pm 0.5)
Sweets and junk food	244 (91.4%)	1.6 (\pm 1.0)	207 (77.5%)	1.6 (\pm 1.0)
Fat meat and fast food	241 (90.3%)	0.2 (\pm 0.4)	210 (78.7%)	0.2 (\pm 0.5)
Soft drinks	242 (90.6%)	0.7 (\pm 0.9)	208 (77.9%)	0.7 (\pm 1.0)

^a The frequency of consumption was calculated by dividing the total count for each food category (max 2 days \times 6 meals = 12) by the number of days the log was completed (max 2 days). As only logs with 2 days completed were analyzed, all total counts were divided by 2.