IOS scale

Overview
There is a scale called the Inclusion of Other in Self from Aron et al. 1992, in which people are shown pictures of seven pairs of overlapping circles, and asked to point to the circles that best describe their relationship with someone. We have adapted it for children.

Equipment:
- Printed sheet of circles
- Log sheet and pen

Procedure:
“Next, can I ask you a few questions about you and Red?”

Set sheet of circles in front of the child.

Read instructions:
“Look at these circles. What's different about the cards? (wait for response) Look at this one, the two circles are far far away from each other. These two circles must want to be far away from each other. Look at this one, the circles are very close together. These two circles must want to be close to each other.”

Ask the following questions. For each question, record the number of the circle pair picked.

1. Imagine one circle is you, and the other circle is your best friend. Can you point to the circles that best show you and your best friend?
2. Is there a bad guy you saw in the movies you don’t like? Can you point to the circles that best show you and (the bad guy you don't like)? *if the child offers a name, use that name here instead*
3. Can you point to the circles that best show you and your mom? *or dad*
4. Can you point to the circles that best show you and Red?
5. Do you have a pet, like a cat or a dog? If not, do you have a favorite toy? Can you point to the circles that best show you and your (pet/toy)? *replace with type of pet/toy: e.g., dog, cat, plush monkey, etc.*

Scoring:
Scores for each item will range from 1-7 based on the number of the circle pair picked.