

SHIFT health & nature

webinar series

Supported by:



Chapter 1: The Health & Nature Movement

Nature and the COVID-19 Pandemic

A panel discussion

March 18, 2020

Arika Virapongse, PhD

Health & Nature Webinar Series coordinator, SHIFT
Principal Scientist, Middle Path EcoSolutions
Research Scholar & Community Director, The Ronin Institute for Independent
Scholarship



About the Webinar Series

March-September 2020

Every 2nd & 4th Tuesday of the month at 10:00 - 11:00 AM MT

CHAPTER 1

The Health & Nature Movement

March 10 & March 24

March 18 Special Episode: Nature and the COVID-19 Pandemic

CHAPTER 2

Public Health:

Nature as an Intervention Strategy

April 14, April 28, & May 12

CHAPTER 3

Conservation:

Public Health as an Ecosystem Service

May 26, June 9, & June 23

CHAPTER 4

Land Management:

Land Use and Public Health

July 14, July 28, & Aug 11

CHAPTER 5

Outdoor Recreation:

The Health Benefits of Time Outside

Aug 25, Sep 8, & Sep 22



Photo by James Wheeler

SHIFT

Christian Beckwith

Executive Director, SHIFT



Mission: To advance and promote the importance of nature as a social determinant of health.

Nature as a public health intervention strategy =
stronger argument for nature itself



Morgan Green, MD

Pediatric Hospitalist, Children's
Hospital of Michigan

Director, Emerging Leaders Program,
SHIFT



Suzanne Bartlett Hackenmiller, MD

OB-Gyn & Integrative Medicine, Diest
Medical Center/Mercy Des Moines

Medical Director, Association of
Nature and Forest Therapy

Medical Advisor, AllTrails

Board Member, SHIFT



David Sabgir, MD

Cardiologist & Medical Director for
Cardiac Rehabilitation, Mount Carmel
Health System, OH

Founder and Board President, Walk
With A Doc

Advisory Council Member, SHIFT

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Want to see the webinars again?

Webinar recording on YouTube: <https://bit.ly/2wISnOh>

Slide deck on Figshare: <https://figshare.com/authors/SHIFT/8502495>

Next webinar:

March 24, 2020 at 10 AM MT with Linda Hwang from Trust for Public Land

Join our Slack Community to continue the discussion: <https://bit.ly/2PJGYOZ>



SHIFT announcements

- The Emerging Leaders Program is accepting applications. The deadline is May 24th at 11:59 PM PT. Contact: drmorgan@shiftjh.org
- Send us nominations for the SHIFT Awards. Self nominations are welcome. Nominations close May 19th at 11:59 PM PT. Contact: arian@shiftjh.org

Contact Arika Virapongse, webinar series coordinator at av@middlepatheco.com

www.shiftjh.org

