

SHIFT health & nature

webinar series

Supported by

A wide-angle photograph of Central Park in New York City. In the foreground, a calm pond reflects the sky and surrounding greenery. A dense forest of tall trees fills the middle ground. In the background, several high-rise apartment buildings are visible against a clear blue sky. People are seen walking on a path and sitting on the grass to the left.

Managing Parks and Recreation in a COVID-19 World

April 7, 2020

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Principal Scientist, Middle Path EcoSolutions
Research Scholar & Community Director, The Ronin Institute for Independent
Scholarship



About the Webinar Series

March-September 2020

Every 2nd & 4th Tuesday of the month at 10:00 - 11:00 AM MT

CHAPTER 1

The Health & Nature Movement

March 10 & March 24

Special episodes on Covid-19: March 18 & April 7

CHAPTER 2

Public Health:

Nature as an Intervention Strategy

April 14, April 28, & May 12

CHAPTER 3

Conservation:

Public Health as an Ecosystem Service

May 26, June 9, & June 23

CHAPTER 4

Land Management:

Land Use and Public Health

July 14, July 28, & Aug 11

CHAPTER 5

Outdoor Recreation:

The Health Benefits of Time Outside

Aug 25, Sep 8, & Sep 22



Photo by James Wheeler

SHIFT

Christian Beckwith

Executive Director



Mission: To advance and promote the importance of nature as a social determinant of health

Nature as a public health intervention strategy =
stronger argument for nature itself



Catherine Nagel

Executive Director,
City Parks Alliance



**Sara Newman, Capt.,
DrPH, MCP**

Director of the
Office of Public Health &
Science Integrity Officer,
National Park Service



Kevin Roth, PhD

Vice President of Research,
Evaluation, and Technology,
National Recreation and Park
Association

Stay connected

Webinar recording on YouTube: <https://bit.ly/2wISnOh>

Slide deck on Figshare: <https://figshare.com/authors/SHIFT/8502495>

Join our Slack Community: <https://bit.ly/2PJGYOZ>

Next webinar: April 14th, 2020 at 10 AM MT

“Connecting People to Parks in Crisis, Loss, and Grief”

Dr. Sonya Jakubec (Mount Royal University) and Jennell Rempel (Alberta Parks)



Photo by Robert Collins

SHIFT announcements

- The Emerging Leaders Program is accepting applications. The deadline is May 24th at 11:59 PM PT. Contact: drmorgan@shiftjh.org
- Send us nominations for the SHIFT Awards. Self nominations are welcome. Nominations close May 19th at 11:59 PM PT. Contact: arian@shiftjh.org

Contact Arika Virapongse, webinar series coordinator at av@middlepatheco.com

www.shiftjh.org/the-health-nature-webinar-series

