

SHIFT health & nature

webinar series

Supported by



COVID-19, Stress and Nature: Managing Clinician Burnout During (and After) the Pandemic

April 21, 2020

Supported by



Arika Virapongse, PhD

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About the Webinar Series

March-September 2020

Every 2nd & 4th Tuesday of the month at 10:00 - 11:00 AM MT

CHAPTER 1

The Health & Nature Movement

March 10 & March 24

CHAPTER 2

Public Health:

Nature as an Intervention Strategy

April 14, April 28, & May 12

CHAPTER 3

Conservation:

Public Health as an Ecosystem Service

May 26, June 9, & June 23

CHAPTER 4

Land Management:

Land Use and Public Health

July 14, July 28, & Aug 11

CHAPTER 5

Outdoor Recreation:

The Health Benefits of Time Outside

Aug 25, Sep 8, & Sep 22



Photo by James Wheeler



**Brooke Buckley,
M.D., FACS**

General Surgeon; Chief
Medical Officer, CoreLife



Rose M. Gowen, MD

Obstetrician-Gynecologist;
Brownsville, TX, City
Commissioner



Michael Tutty, PhD, MHA

Group Vice President of
Professional Satisfaction and
Practice Sustainability, American
Medical Association

Stay connected

Webinar recording on YouTube: <https://bit.ly/2wISnOh>

Slide deck on Figshare: <https://figshare.com/authors/SHIFT/8502495>

Join our Slack Community: <https://bit.ly/2PJGYOZ>



Next Webinar: Tuesday, May 5, 10 AM MT

Nature Exposure for Veterans: A Randomized Clinical Trial

- ***William R. Marchand, MD***, Clinical Director, Veterans' Association Salt Lake Health Care System
- ***Nick Otis***, Research Associate, Naval Health Research Center
- ***Gary Wynn, MD***, Assistant Professor and Assistant Chair, Department of Psychiatry, Uniformed Services University

SHIFT Announcements

- The Emerging Leaders Program is accepting applications. The deadline is May 24th at 11:59 PM PT. Contact: drmorgan@shiftjh.org
- Send us nominations for the SHIFT Awards. Self nominations are welcome. Nominations close May 19th at 11:59 PM PT. Contact: arian@shiftjh.org

Contact Christian Beckwith at cb@shiftjh.org

www.shiftjh.org/the-health-nature-webinar-series

