SHFT health&nature webinar series



Presented by





About the Webinar Series

March-September 2020

CHAPTER 1
The Health & Nature Movement

CHAPTER 2
Public Health:
Nature as an Intervention Strategy

CHAPTER 3
Conservation:
Public Health as an Ecosystem Service

CHAPTER 4
Land Management:
Land Use and Public Health

CHAPTER 5
Outdoor Recreation:
The Health Benefits of Time Outside







Nature Exposure for Veterans: A Randomized Controlled Trial



William Marchand, MD

Clinical Director & Service Chief, Whole Health Flagship site, VA Salt Lake Health Care System; Clinical Professor of Psychiatry, University of Utah School of Medicine



Nick Otis

Senior Research Associate, Naval Health Research Center



Gary Wynn, MD

Assistant Professor & Assistant Chair, Department of Psychiatry, Uniformed Services University; Scientist, Center for the Study of Traumatic Stress

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Webinar recording on YouTube: https://bit.ly/2wlSnOh

Slide deck on Figshare: https://figshare.com/authors/SHIFT/8502495

Join our Slack Community: https://bit.ly/2PJGYOZ



Next Webinar: Tuesday, May 12, 10 AM MT





Nature as a Social Determinant of Health

- Peter Angood, MD, FRCS(C), FACS, MCCM, FAAPL (Hon), President & CEO, American Association for Physician Leadership
 - Lisa Fitzpatrick, MD, MPH, MPA, Founder, Grapevine Health; Professorial Lecturer, George Washington University Milken Institute School of Public Health; Member, Aspen Institute Global Leadership Network

SHIFT Announcements





Deadline Extensions: June 15

- Nominations for The SHIFT Awards: Contact Arian Davis at arian@shiftjh.org
- Applications for The Emerging Leaders
 Program: Contact Dr. Morgan Green at drmorgan@shiftjh.org
- Submissions for Research Abstracts: Contact Christian Beckwith at cb@shiftjh.org

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