**Table 3: Evidence map of health and social care interventions**

**Circled numbers relate to number of included systematic reviews per condition and outcome**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Outcome** | Admissions/  readmissions | Timely discharge | Quality of life | Patient experience |
| **CARE IN THE COMMUNITY** |  |  |  |  |
| Composite reviews | ❷ | ⭘ | ⭘ | ⭘ |
| Self-management |  |  |  |  |
| Older | ⭘ | ⭘ | ❷ | ⭘ |
| COPD | ❸ | ⭘ | ❹ | ⭘ |
| Heart failure | ⭘ | ⭘ | ⭘ | ❶ |
| Stroke | ⭘ | ⭘ | ❶ | ❶ |
| Rehab /Exercise |  |  |  |  |
| COPD | ❷ | ⭘ | ❸ | ❶ |
| Heart failure | ❶ | ⭘ | ❷ | ⭘ |
| Mixed conditions | ⭘ | ⭘ | ❷ | ⭘ |
| OVF | ⭘ | ⭘ | ❶ | ⭘ |
| Case management |  |  |  |  |
| Older | ❷ | ⭘ | ⭘ | ⭘ |
| Heart failure | ❷ | ⭘ | ⭘ | ❶ |
| Parkinson’s | ❶ | ⭘ | ⭘ | ⭘ |
| Dementia | ❶ | ⭘ | ⭘ | ⭘ |
| Med review |  |  |  |  |
| Older | ❸ | ⭘ | ❷ | ⭘ |
| Vaccination |  |  |  |  |
| Older | ❶ | ⭘ | ⭘ | ⭘ |
| **URGENT**  **CARE** |  |  |  |  |
| Composite reviews | ❶ | ⭘ | ⭘ | ⭘ |
| ED interventions |  |  |  |  |
| Older | ❸ | ⭘ | ⭘ | ⭘ |
| **DISCHARGE**  **CARE** |  |  |  |  |
| Composite reviews | ❸ | ⭘ | ⭘ | ⭘ |
| Transitional care |  |  |  |  |
| Older | ❷ | ❶ | ❷ | ❷ |
| COPD | ❷ | ❶ | ❶ | ⭘ |
| Heart failure | ❸ | ⭘ | ⭘ | ⭘ |
| Case management |  |  |  |  |
| Heart failure | ❶ | ⭘ | ⭘ | ⭘ |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **FORMAL**  **SOCIAL CARE** |  |  |  |  |
| Composite reviews | ❶ | ⭘ | ❶ | ❶ |
| Reablement |  |  |  |  |
| Older | ❶ | ❶ | ❸ | ⭘ |
| **SYNTHETIC**  **SOCIAL CARE** |  |  |  |  |
| Social support |  |  |  |  |
| Older | ⭘ | ⭘ | ❶ | ⭘ |
| Dementia | ⭘ | ⭘ | ❸ | ⭘ |
| Social isolation |  |  |  |  |
| Older | ⭘ | ⭘ | ❿ | ⭘ |

**Abbreviations:** COPD Chronic Obstructive Pulmonary Disease; OVF Osteoporotic Vertebral Fractures