Additional file 1:

**The** **Amsterdam Preoperative Anxiety and Information Scale (APAIS)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Not at all | 1 | 2 | 3 | 4 | 5 | Extremely |
|  |
| 1. I am worried about the anesthetic |  | {square} | {square} | {square} | {square} | {square} |  |
| 2. The anesthetic is on my mind  continually |  | {square} | {square} | {square} | {square} | {square} |  |
| 3. I would like to know as much as  possible about the anesthetic |  | {square} | {square} | {square} | {square} | {square} |  |
| 4. I am worried about the procedure |  | {square} | {square} | {square} | {square} | {square} |  |
| 5. The procedure is on my mind  continually |  | {square} | {square} | {square} | {square} | {square} |  |
| 6. I would like to know as much as  possible about the procedure |  | {square} | {square} | {square} | {square} | {square} |  |

The subscales:

Anesthesia-related anxiety = 1 + 2

Surgery-related anxiety = 4 + 5

Information desire component = 3 + 6 (= APAIS-I)

Anxiety component = 1 + 2 + 4 + 5 (= APAIS-A)