## Supporting Information

## Photoinduced Electron Transfer Coupled to Donor Deprotonation and Acceptor Protonation in a Molecular Triad Mimicking Photosystem II

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All synthesis steps were performed under nitrogen atmosphere. 2,5-Dimethyl-4-trimethylsilyl-1-phenylboronic acid (2) was synthesized from 2,5-dibromo- $p$-xylene according to an established published procedure. ${ }^{1}$ Syntheses of phenols $\mathbf{3}$ and $\mathbf{4}$ were similar to previous work, ${ }^{1}$ as well as the borylation yielding compound $5,{ }^{2}$ and the synthesis of compound $7,{ }^{3}$ and $13 .{ }^{4}\left[\mathrm{RuCl}_{2}(\mathrm{bpy})_{2}\right] \cdot 2 \mathrm{H}_{2} \mathrm{O}(\mathbf{1 1})$ was synthesized from $2,2^{\prime}$-bpy and $\mathrm{RuCl}_{3} \cdot \mathrm{xH}_{2} \mathrm{O}$ as reported. ${ }^{5}$ The synthesis of $\mathrm{MQPF}_{6}$ has been reported previously. ${ }^{6}$ All other chemicals used in this work are commercially available.







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PhOH-Ru ${ }^{2+}-\mathrm{MQ}^{+}$
Scheme S1. Synthesis plan for the triad. a) $\mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}, \mathrm{Na}_{2} \mathrm{CO}_{3}, \mathrm{THF} / \mathrm{H}_{2} \mathrm{O} 8: 1$, reflux, dark $67 \%$, b) $\mathrm{Br} 2, \mathrm{NaOAc}$, THF, $0{ }^{\circ} \mathrm{C}$, dark $68 \%$, c) $(\mathrm{BPin})_{2},\left[\mathrm{PdCl}_{2}(\mathrm{dppf})\right] \cdot \mathrm{CH}_{2} \mathrm{Cl}_{2}, \mathrm{KOAc}, \mathrm{DMSO}, 100{ }^{\circ} \mathrm{C}, 86 \%$, d) bis(tributyltin), $\mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}, m-$ xylene, $180{ }^{\circ} \mathrm{C},<61 \%$, e) 4-(hydroxymethyl)phenylboronic acid, $\mathrm{K}_{2} \mathrm{CO}_{3}, \mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}, \mathrm{THF} / \mathrm{H}_{2} \mathrm{O} 8: 1$, reflux, $39 \%$, f) $\mathrm{K}_{2} \mathrm{CO}_{3}, \mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}, \mathrm{THF} / \mathrm{H}_{2} \mathrm{O} 5: 1$, reflux, $95 \%$, g) $\mathrm{PBr}_{3}$, dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}$, room temperature, $89 \%$, h) $4,44^{\prime}$-bpy, dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}$, reflux, $59 \%$, i) AgOTf, $\mathrm{CH}_{3} \mathrm{CN}$, reflux, $\sim 100 \%$, j) ethylene glycol, $\mathrm{AgOTf}, 105{ }^{\circ} \mathrm{C}, 90 \%$.


Scheme S2. Synthesis plan for the reference dyad. a) 4-(Hydroxymethyl)phenylboronic acid, $\mathrm{K}_{2} \mathrm{CO}_{3}, \mathrm{Pd}_{( }\left(\mathrm{PPh}_{3}\right)_{4}$, THF/ $\mathrm{H}_{2} \mathrm{O} 8: 1$, reflux, $71 \%$, b) $\mathrm{PBr}_{3}$, dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}$, room temperature, $52 \%$, c) 4,4 '-bpy, dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}$, reflux, $99 \%$, d) ethylene glycol, AgOTf, $105^{\circ} \mathrm{C}, 40 \%$.

## 3,5-Di-tert-butyl-2',5'-dimethyl-4'-(trimethylsilyl)-[1,1'-biphenyl]-4-ol (3) ${ }^{1}$



3
A mixture of 4-bromo-2,6-di-tert-butylphenol (1) $(1.27 \mathrm{~g}, 4.45 \mathrm{mmol}, 1.00 \mathrm{eq}$.), 2,5-dimethyl-4-trimethylsilyl-1phenylboronic acid (2) $(1.19 \mathrm{~g}, 5.18 \mathrm{mmol}, 1.16 \mathrm{eq}),. \mathrm{Na}_{2} \mathrm{CO}_{3}(1.41 \mathrm{~g}, 13.3 \mathrm{mmol}, 3.00$ eq. $)$, and $\mathrm{Pd}_{( }\left(\mathrm{PPh}_{3}\right)_{4}(277 \mathrm{mg}$, $223 \mu \mathrm{~mol}, 5.0 \mathrm{~mol} \%$ ) in a degassed mixture of THF ( 40 mL ) and water $(5 \mathrm{~mL})$ were heated at reflux in the dark for 16 h. After cooling to room temperature, the mixture was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$. The combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$ and the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}\right.$, pentane) afforded compound $\mathbf{3}$ as a colorless oil ( $1.14 \mathrm{~g}, 2.98 \mathrm{mmol}, 67 \%$ ).
${ }^{1} \mathbf{H}$ NMR ( $\mathbf{4 0 0} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=7.35(\mathrm{~s}, 1 \mathrm{H}), 7.14(\mathrm{~s}, 2 \mathrm{H}), 7.08(\mathrm{~s}, 1 \mathrm{H}), 5.19(\mathrm{~s}, 1 \mathrm{H}), 2.46(\mathrm{~s}, 3 \mathrm{H}), 2.28(\mathrm{~s}, 3 \mathrm{H})$, 1.46 ( $\mathrm{s}, 18 \mathrm{H}$ ), 0.35 ( $\mathrm{s}, 9 \mathrm{H}$ ).
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 0 1} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=152.85,143.59,140.96,136.76,136.54,135.46,132.86,131.73,131.60$, $126.00,34.59,30.59,22.60,20.38,0.13$.

## 4'-Bromo-3,5-di-tert-butyl-2',5'-dimethyl-[1,1'-biphenyl]-4-ol (4) ${ }^{1}$



4
Bromine ( $1.3 \mathrm{~mL}, 4.2 \mathrm{~g}, 26 \mathrm{mmol}, 4.1$ eq.) was added to a degassed suspension of $\mathbf{P h O H}-\mathbf{x y}-\mathbf{T M S}(2.50 \mathrm{~g}, 6.42 \mathrm{mmol}$, 1.00 eq.) and $\mathrm{NaOAc}\left(1.07 \mathrm{~g}, 13.0 \mathrm{mmol}, 2.03\right.$ eq.) in dry THF $(40 \mathrm{~mL})$ at $0^{\circ} \mathrm{C}$ in the dark. The mixture was stirred in the dark at room temperature for 2.5 h , then $\mathrm{NEt}_{3}\left(7.3 \mathrm{~mL}, 52 \mathrm{mmol}, 8.0\right.$ eq.) and saturated aqueous $\mathrm{Na}_{2} \mathrm{~S}_{2} \mathrm{O}_{3}$ solution $(55 \mathrm{~mL})$ were added, and stirring of the black mixture was continued for 16 h . The mixture was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ $(3 \times)$, the organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and finally the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}\right.$, pentane $\rightarrow$ pentane $\left./ \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 3\right)$ afforded compound $\mathbf{4}$ as an off-white solid ( $1.71 \mathrm{~g}, 4.38 \mathrm{mmol}, 68 \%$ ).
${ }^{1} \mathbf{H} \operatorname{NMR}\left(400 \mathbf{M H z}, \mathbf{C D C l}_{3}\right): \delta(\mathrm{ppm})=7.43(\mathrm{~s}, 1 \mathrm{H}), 7.11(\mathrm{~s}, 1 \mathrm{H}), 7.08(\mathrm{~s}, 2 \mathrm{H}), 5.22(\mathrm{~s}, 1 \mathrm{H}), 2.39(\mathrm{~s}, 3 \mathrm{H}), 2.23(\mathrm{~s}, 3 \mathrm{H})$, 1.47 (s, 18H).
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 0 1} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=153.03,142.07,135.64,134.98,134.95,133.83,132.35,131.97,125.82$, 122.97, 34.56, 30.54, 22.44, 20.12.

## 3,5-Di-tert-butyl-2',5'-dimethyl-4'-(4,4,5,5-tetramethyl-1,3,2-dioxaborolan-2-yl)-[1,1'-biphenyl]-4-ol (5) ${ }^{2}$



A mixture of compound 4 ( $1.65 \mathrm{~g}, 4.23 \mathrm{mmol}, 1.00 \mathrm{eq}$.), bis(pinacolato) diboron ( $1.61 \mathrm{~g}, 6.33 \mathrm{mmol}, 1.5 \mathrm{eq})$. $(1.66 \mathrm{~g}, 16.9 \mathrm{mmol}, 4.00 \mathrm{eq}$.$) and \left[\mathrm{PdCl}_{2}(\mathrm{dppf})\right] \cdot \mathrm{CH}_{2} \mathrm{Cl}_{2}(172 \mathrm{mg}, 211 \mu \mathrm{~mol}, 5 \mathrm{~mol} \%)$ in DMSO ( 60 mL ) was degassed and subsequently heated at $100^{\circ} \mathrm{C}$ in the dark for 16 h . After cooling to room temperature, water and brine were added, and the mixture was extracted with pentane $(3 \times)$. The combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}\right.$, pentane / $\left.\mathrm{CH}_{2} \mathrm{Cl}_{2} 5: 1\right)$ afforded compound $\mathbf{5}$ as a white solid ( $1.57 \mathrm{~g}, 3.62 \mathrm{mmol}, 86 \%$ ).
${ }^{1} \mathbf{H}$ NMR ( $400 \mathrm{MHz}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=7.68(\mathrm{~s}, 1 \mathrm{H}), 7.13(\mathrm{~s}, 2 \mathrm{H}), 7.08(\mathrm{~s}, 1 \mathrm{H}), 5.20(\mathrm{~s}, 1 \mathrm{H}), 2.54(\mathrm{~s}, 3 \mathrm{H}), 2.27(\mathrm{~s}, 3 \mathrm{H})$, 1.46 (s, 18H), 1.35 (s, 12H).
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 0 1} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=152.77,145.14,142.27,138.06,135.32,132.79,131.57,125.74,83.30,34.42$, 30.42, 24.88, 21.70, 19.97.

5,5'-Dibromo-2,2'-bipyridine (7) ${ }^{3}$


7
A mixture of 5-bromo-2-iodopyridine (6) (12.0 g, $42.3 \mathrm{mmol}, 1.00 \mathrm{eq}$.), bis(tributyltin) ( $10.7 \mathrm{~mL}, 12.2 \mathrm{~g}, 21.2 \mathrm{mmol}$, 0.50 eq. ) and $m$-xylene ( 60 mL ) was degassed. After addition of $\mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}(977 \mathrm{mg}, 785 \mu \mathrm{~mol}, 1.8 \mathrm{~mol} \%)$ the reaction mixture was degassed again and heated at reflux for 3d. After cooling to room temperature, the solidified mixture was dissolved in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ and subjected to column chromatography ( $\mathrm{SiO}_{2}, \mathrm{CH}_{2} \mathrm{Cl}_{2}$ ). Compound 7 was isolated as an off-white solid ( $8.56 \mathrm{~g},<25.9 \mathrm{mmol},<61 \%$ ) that was contaminated with unidentified tin compounds (approximately $5 \mathrm{~mol} \%$ based on ${ }^{1} \mathrm{H}$ NMR), as sometimes observed after Stille coupling reactions.
${ }^{1} \mathbf{H}$ NMR (400 MHz, $\left.\mathbf{C D C l}_{3}\right): \delta(\mathrm{ppm})=8.70(\mathrm{dd}, J=2.3,0.8 \mathrm{~Hz}, 2 \mathrm{H}), 8.29(\mathrm{dd}, J=8.4,0.7 \mathrm{~Hz}, 2 \mathrm{H}), 7.93(\mathrm{dd}, J=8.5$, $2.4 \mathrm{~Hz}, 2 \mathrm{H})$.
${ }^{13} \mathbf{C}$ NMR (101 MHz, $\left.\mathbf{C D C l}_{3}\right): \delta(\mathrm{ppm})=150.19,140.22,122.72,121.81$.
(4-(5'-Bromo-[2,2'-bipyridin]-5-yl)phenyl)methanol (8)


A mixture of compound $7(870 \mathrm{mg}, 2.77 \mathrm{mmol}, 1.00 \mathrm{eq}),. \mathrm{K}_{2} \mathrm{CO}_{3}(1.15 \mathrm{~g}, 8.32 \mathrm{mmol}, 3.00 \mathrm{eq}$.$) , THF ( 70 \mathrm{~mL}$ ), and water $(15 \mathrm{~mL})$ was degassed. After addition of $\mathrm{Pd}\left(\mathrm{PPh}_{3}\right)_{4}(172 \mathrm{mg}, 137 \mu \mathrm{~mol}, 5.0 \mathrm{~mol} \%)$ the mixture was degassed again and heated to reflux. A degassed suspension of 4-(hydroxymethyl)phenylboronic acid ( $421 \mathrm{mg}, 2.77 \mathrm{mmol}, 1.00 \mathrm{eq}$.) in THF $(55 \mathrm{~mL})$ was added dropwise to the refluxing reaction mixture within 1 h . After the addition was complete, the mixture was heated for further 30 min and then cooled to room temperature. The mixture was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$, and the combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and then the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}, \mathrm{CH}_{2} \mathrm{Cl}_{2} \rightarrow \mathrm{Et}_{2} \mathrm{O}\right)$ afforded unreacted starting material 7 (219 mg, 697 $\mu \mathrm{mol}, 25 \%$ ) and product 8 as a white solid ( $365 \mathrm{mg}, 1.07 \mathrm{mmol}, 39 \%$ ).
${ }^{1} \mathbf{H}$ NMR (400 MHz, CDCl $\left.{ }_{3}\right): \delta(\mathrm{ppm})=8.91(\mathrm{~s}, 1 \mathrm{H}), 8.75(\mathrm{~s}, 1 \mathrm{H}), 8.48(\mathrm{~d}, J=8.3 \mathrm{~Hz}, 1 \mathrm{H}), 8.42(\mathrm{~d}, J=8.6 \mathrm{~Hz}, 1 \mathrm{H})$, $8.06(\mathrm{dd}, J=8.3,2.3 \mathrm{~Hz}, 1 \mathrm{H}), 7.97(\mathrm{dd}, J=8.5,2.3 \mathrm{~Hz}, 1 \mathrm{H}), 7.65(\mathrm{~d}, J=8.2 \mathrm{~Hz}, 2 \mathrm{H}), 7.52(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}), 4.79(\mathrm{~s}$, $2 \mathrm{H}), 1.83(\mathrm{~s}, 1 \mathrm{H})$.
${ }^{13}$ C NMR (101 MHz, DMSO-d $\mathbf{6}$ ): $\delta(\mathrm{ppm})=153.73$, 152.89, 149.99, 147.27, 142.95, 139.90, 135.82, 134.97, 134.77, $127.16,126.52,122.08,120.74,120.42,62.53$.

$\operatorname{Pd}\left(\mathrm{PPh}_{3}\right)_{4}(195 \mathrm{mg}, 157 \mu \mathrm{~mol}, 5.0 \mathrm{~mol} \%)$ was added to a degassed mixture of compound $\mathbf{8}(1.06 \mathrm{~g}, 3.11 \mathrm{mmol}, 1.00$ eq.), compound 5 ( $1.50 \mathrm{~g}, 3.44 \mathrm{mmol}, 1.11 \mathrm{eq}$.) and $\mathrm{K}_{2} \mathrm{CO}_{3}(1.30 \mathrm{~g}, 9.41 \mathrm{mmol}, 3.02 \mathrm{eq}$.$) , THF ( 100 \mathrm{~mL}$ ), and water ( 20 mL ). The reaction mixture was degassed again and subsequently heated to reflux for 15 h in the dark. After removal of THF under reduced pressure, the aqueous phase was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$. The combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and the solvent was removed under reduced pressure. The solid was recrystallized from $\mathrm{CH}_{2} \mathrm{Cl}_{2} /$ acetone ( $10 \mathrm{~mL} / 5 \mathrm{~mL}$ ). Filtration of the desired precipitate and washing with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ afforded compound $\mathbf{9}$ as an off-white solid ( $1.25 \mathrm{~g}, 2.18 \mathrm{mmol}, 70 \%$ ). Purification of the mother liquor by column chromatography $\left(\mathrm{SiO}_{2}, \mathrm{CH}_{2} \mathrm{Cl}_{2}\right.$ $\left.\rightarrow \mathrm{Et}_{2} \mathrm{O}\right)$ afforded an additional crop of compound $9(0.44 \mathrm{~g}, 0.78 \mathrm{mmol}, 25 \%)$.
${ }^{1} \mathbf{H}$ NMR ( $400 \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=8.95(\mathrm{dd}, J=2.4,0.8 \mathrm{~Hz}, 1 \mathrm{H}), 8.75(\mathrm{dd}, J=2.3,0.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.56-8.45(\mathrm{~m}$, $2 \mathrm{H}), 8.05(\mathrm{dd}, J=8.3,2.4 \mathrm{~Hz}, 1 \mathrm{H}), 7.87(\mathrm{dd}, J=8.2,2.3 \mathrm{~Hz}, 1 \mathrm{H}), 7.69(\mathrm{~d}, J=8.1 \mathrm{~Hz}, 2 \mathrm{H}), 7.52(\mathrm{~d}, J=7.9 \mathrm{~Hz}, 2 \mathrm{H})$, $7.24(\mathrm{~s}, 1 \mathrm{H}), 7.22(\mathrm{~s}, 1 \mathrm{H}), 7.19(\mathrm{~s}, 2 \mathrm{H}), 5.24(\mathrm{~s}, 1 \mathrm{H}), 4.80(\mathrm{~d}, J=4.6 \mathrm{~Hz}, 2 \mathrm{H}), 2.35(\mathrm{~s}, 3 \mathrm{H}), 2.34(\mathrm{~s}, 3 \mathrm{H}), 1.79(\mathrm{t}, J=5.4$ $\mathrm{Hz}, 1 \mathrm{H}), 1.49(\mathrm{~s}, 18 \mathrm{H})$.
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 0 1} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=154.98,154.27,153.02,149.64,147.76,142.84,141.25,137.73,137.54$, $137.02,136.38,136.18,135.64,135.29,133.41,132.99,132.48,132.42,132.01,127.87,127.34,126.00,121.13$, $120.61,68.11,65.05,34.61,30.59,25.75,20.37,20.10$.

4'-(5'-(4-(Bromomethyl)phenyl)-[2,2'-bipyridin]-5-yl)-3,5-di-tert-butyl-2',5'-dimethyl-[1,1'-biphenyl]-4-ol (10)

$\operatorname{PBr}_{3}(8.32 \mu \mathrm{~L}, 87.6 \mu \mathrm{~mol}, 1.00$ eq.) was added to a suspension of compound $9(50.0 \mathrm{mg}, 87.6 \mu \mathrm{~mol}, 1.00$ eq.) in dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}(5 \mathrm{~mL})$ at room temperature. The yellow solution was stirred at room temperature for 16 h . Brine was added, and the mixture was stirred for 30 min and subsequently extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$. The combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and then the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}, \mathrm{Et}_{2} \mathrm{O}\right)$ afforded compound $\mathbf{1 0}$ as an off-white solid ( $49.4 \mathrm{mg}, 78.0 \mu \mathrm{~mol}, 89 \%$ ).
${ }^{1} \mathbf{H}$ NMR (400 MHz, $\left.\mathbf{C D C l}_{3}\right): \delta(\mathrm{ppm})=9.02-8.88(\mathrm{~m}, 1 \mathrm{H}), 8.75(\mathrm{dd}, J=2.3,0.8 \mathrm{~Hz}, 1 \mathrm{H}), 8.58-8.41(\mathrm{~m}, 2 \mathrm{H}), 8.08$ $-8.02(\mathrm{~m}, 1 \mathrm{H}), 7.87(\mathrm{dd}, J=8.1,2.3 \mathrm{~Hz}, 1 \mathrm{H}), 7.73-7.63(\mathrm{~m}, 2 \mathrm{H}), 7.54(\mathrm{~d}, J=8.2 \mathrm{~Hz}, 2 \mathrm{H}), 7.24(\mathrm{~s}, 1 \mathrm{H}), 7.21(\mathrm{~s}, 1 \mathrm{H})$, $7.19(\mathrm{~s}, 2 \mathrm{H}), 5.24(\mathrm{~s}, 1 \mathrm{H}), 4.62(\mathrm{~d}, J=38.0 \mathrm{~Hz}, 2 \mathrm{H}), 2.35(\mathrm{~s}, 3 \mathrm{H}), 2.34(\mathrm{~s}, 3 \mathrm{H}), 1.49(\mathrm{~s}, 18 \mathrm{H})$.

## 1-(4-(5'-(3',5'-Di-tert-butyl-4'-hydroxy-2,5-dimethyl-[1,1'-biphenyl]-4-yl)-[2,2'-bipyridin]-5-yl)benzyl)-[4,4'-bipyridin]-1-ium bromide ( LBr )



A solution of compound 10 ( $159 \mathrm{mg}, 251 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.$) and 4,4'-bipyridine ( 80.0 \mathrm{mg}, 512 \mu \mathrm{~mol}, 2.04$ eq.) in dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}(30 \mathrm{~mL})$ was heated at reflux for 16 h . Then the solvent was removed under reduced pressure. The solid residue was dissolved in $\mathrm{CHCl}_{3}(5 \mathrm{~mL})$ and added dropwise to stirring $\mathrm{Et}_{2} \mathrm{O}$. The precipitate was filtered and washed with $\mathrm{Et}_{2} \mathrm{O}$ and dried under reduced pressure. The final ligand $\mathbf{L B r}$ was obtained as an off-white solid ( $117 \mathrm{mg}, 148 \mu \mathrm{~mol}, 59 \%$ ) ${ }^{\mathbf{1}} \mathbf{H}$ NMR (400 MHz, DMSO- $\left.\boldsymbol{d}_{6}\right): \delta(\mathrm{ppm})=9.61-9.18(\mathrm{~m}, 2 \mathrm{H}), 9.10(\mathrm{~s}, 1 \mathrm{H}), 8.94-8.84(\mathrm{~m}, 2 \mathrm{H}), 8.77(\mathrm{~s}, 1 \mathrm{H}), 8.71$ $-8.66(\mathrm{~m}, 2 \mathrm{H}), 8.55(\mathrm{~s}, 2 \mathrm{H}), 8.34(\mathrm{~s}, 1 \mathrm{H}), 8.07-8.03(\mathrm{~m}, 2 \mathrm{H}), 7.99-7.95(\mathrm{~m}, 2 \mathrm{H}), 7.78(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}), 7.24(\mathrm{~s}$, $1 \mathrm{H}), 7.21(\mathrm{~s}, 1 \mathrm{H}), 7.10(\mathrm{~s}, 2 \mathrm{H}), 7.07(\mathrm{~s}, 1 \mathrm{H}), 5.98(\mathrm{~s}, 2 \mathrm{H}), 2.31(\mathrm{~s}, 3 \mathrm{H}), 2.28(\mathrm{~s}, 3 \mathrm{H}), 1.44(\mathrm{~s}, 18 \mathrm{H})$.
${ }^{13}$ C NMR (101 MHz, DMSO- $\boldsymbol{d}_{6}$ ): $\delta(\mathrm{ppm})=153.04,152.91,150.97,145.42,141.02,138.94,132.56,131.99,131.75$, $129.86,127.70,126.03,125.21,122.11,62.63,40.15,39.94,39.73,39.52,39.31,39.10,38.89,34.64,30.46,19.94$, 19.64.
$\left[\mathrm{Ru}(\mathrm{bpy})_{2}\left(\mathrm{CH}_{3} \mathrm{CN}\right)_{2}\right](\mathrm{OTf})_{2}(12)$


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A mixture of ruthenium(II) precursor complex $11(298 \mathrm{mg}, 572 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.$) and silver triflate ( 312 \mathrm{mg}, 1.21 \mathrm{mmol}$, 2.12 eq.) in acetonitrile ( 100 mL ) was degassed and then heated at reflux in the dark for 18 h . After cooling to room temperature, the resulting precipitate was filtered and rinsed with acetonitrile ( 5 mL ). The solvent of the orange filtrate was removed under reduced pressure, and complex 12 was obtained as an orange solid ( $453 \mathrm{mg}, 572 \mu \mathrm{~mol}, \sim 100 \%$ )
${ }^{1} \mathbf{H}$ NMR ( $400 \mathrm{MHz}, \mathbf{C D}_{\mathbf{3}} \mathbf{C N}$ ): $\delta(\mathrm{ppm})=9.32(\mathrm{ddd}, J=5.6,1.5,0.8 \mathrm{~Hz}, 2 \mathrm{H}), 8.52(\mathrm{dt}, J=8.2,1.0 \mathrm{~Hz}, 2 \mathrm{H}), 8.41-8.34$ (m, 2H), 8.27 (ddd, $J=8.2,7.7,1.5 \mathrm{~Hz}, 2 \mathrm{H}), 7.94$ (ddd, $J=8.2,7.6,1.5 \mathrm{~Hz}, 2 \mathrm{H}), 7.85$ (ddd, $J=7.7,5.6,1.3 \mathrm{~Hz}, 2 \mathrm{H}$ ), 7.59 (ddd, $J=5.7,1.5,0.8 \mathrm{~Hz}, 2 \mathrm{H}), 7.25(\mathrm{ddd}, J=7.6,5.7,1.3 \mathrm{~Hz}, 2 \mathrm{H}), 2.27(\mathrm{~s}, 6 \mathrm{H})$.
$\left[\mathrm{Ru}(\mathrm{bpy})_{2}(\mathrm{~L})\right]\left(\mathrm{PF}_{6}\right)_{3}\left(\mathbf{P h O H}^{\left(\mathrm{Ru}^{2+}-\mathbf{M Q}^{+}\right)}\right.$


## PhOH-Ru ${ }^{2+}-\mathrm{MQ}^{+}$

A suspension of precursor complex $\mathbf{1 2}(30.3 \mathrm{mg}, 38.0 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.) the ligand $\mathbf{L B r}(30.0 \mathrm{mg}, 38.0 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.) and silver triflate ( $15 \mathrm{mg}, 58.0 \mu \mathrm{~mol}, 1.54 \mathrm{eq}$.) in ethylene glycol ( 8 mL ) was degassed and then heated at $105^{\circ} \mathrm{C}$ for 4 d. After cooling to room temperature, the mixture was taken up in methanol and acetone and filtered through a pad of celite, which was then rinsed with acetone. The solvent was removed under reduced pressure, and the residue was purified by column chromatography $\left(\mathrm{SiO}_{2}\right.$, acetone $\rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 10: 1 \rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 50: 10$ ). Acetate buffer ( $\mathrm{pH} 5,0.1 \mathrm{M}, 10 \mathrm{~mL}$ ) and saturated aqueous $\mathrm{KPF}_{6}$ solution were added to the last red fraction which contained the desired triad. The organic solvent was removed under reduced pressure. The resulting precipitate was filtered, washed with water and dried under reduced pressure.

${ }^{1} \mathbf{H}$ NMR (400 MHz, CD $\left.\mathbf{3} \mathbf{C N}\right): \delta(\mathrm{ppm})=8.90-8.80(\mathrm{~m}, 4 \mathrm{H}), 8.65-8.56(\mathrm{~m}, 2 \mathrm{H}), 8.53-8.47(\mathrm{~m}, 3 \mathrm{H}), 8.37-8.30$ (m, 3H), $8.16-7.99(\mathrm{~m}, 6 \mathrm{H}), 7.93-7.87(\mathrm{~m}, 2 \mathrm{H}), 7.84(\mathrm{dd}, J=2.0,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.82(\mathrm{ddd}, J=5.6,1.6,0.7 \mathrm{~Hz}, 1 \mathrm{H})$, $7.80-7.77$ (m, 2H), 7.73 (ddd, $J=5.6,1.5,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.63$ (dd, $J=2.0,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.51(\mathrm{~d}, J=0.8 \mathrm{~Hz}, 4 \mathrm{H}), 7.48$ $-7.34(\mathrm{~m}, 4 \mathrm{H}), 7.12(\mathrm{~s}, 1 \mathrm{H}), 7.10(\mathrm{~s}, 2 \mathrm{H}), 7.05(\mathrm{~s}, 1 \mathrm{H}), 5.77(\mathrm{~s}, 2 \mathrm{H}), 5.57(\mathrm{~s}, 1 \mathrm{H}), 2.23(\mathrm{~s}, 3 \mathrm{H}), 1.98(\mathrm{~s}, 3 \mathrm{H}), 1.43(\mathrm{~s}$, 18H).
HRMS: $[\mathrm{M}]^{3+}$ calculated ( $\mathrm{m} / \mathrm{z}$ ) for $\mathrm{C}_{69} \mathrm{H}_{65} \mathrm{~N}_{8} \mathrm{ORu}$ : 374.4776, found: 374.4782.
Anal. Calcd. for $\mathrm{C}_{69} \mathrm{H}_{65} \mathrm{~F}_{18} \mathrm{~N}_{8} \mathrm{OP}_{3} \mathrm{Ru} \cdot 0.4 \mathrm{C}_{3} \mathrm{H}_{6} \mathrm{O} \cdot 2.5 \mathrm{H}_{2} \mathrm{O}$ : C 51.84, H 4.49, N 6.89; found: C 51.53, H 4.87, N 7.27.


14
A mixture of $\mathbf{1 3}$ ( $502 \mathrm{mg}, 2.10 \mathrm{mmol}, 1.00 \mathrm{eq}$.), 4-(hydroxymethyl)phenylboronic acid ( $380 \mathrm{mg}, 2.50 \mathrm{mmol}, 1.20 \mathrm{eq}$ ), $\mathrm{K}_{2} \mathrm{CO}_{3}(806 \mathrm{mg}, 6.30 \mathrm{mmol}, 3.00 \mathrm{eq}$.$) , THF ( 18 \mathrm{~mL}$ ) and water ( 3 mL ) was degassed. After addition of $\operatorname{Pd}\left(\mathrm{PPh}_{3}\right)_{4}(218$ $\mathrm{mg}, 311 \mu \mathrm{~mol}, 14.8 \mathrm{~mol} \%$ ) the mixture was degassed again and heated at reflux for 48 h . After cooling to room temperature, the mixture was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$, the combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and the solvent was removed under reduced pressure. Purification by column chromatography ( $\mathrm{SiO}_{2}$, pentane/ethyl acetate $8: 1 \rightarrow 5: 1$ ) afforded compound $\mathbf{1 4}$ as a white solid ( $390 \mathrm{mg}, 1.50 \mathrm{mmol}, 71 \%$ ).
${ }^{1} \mathbf{H}$ NMR ( $\mathbf{4 0 0} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta(\mathrm{ppm})=8.92(\mathrm{~d}, J=2.4 \mathrm{~Hz}, 1 \mathrm{H}), 8.71(\mathrm{ddd}, J=4.8,1.9,0.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.48(\mathrm{~d}, J=8.2$ $\mathrm{Hz}, 1 \mathrm{H}), 8.45(\mathrm{~d}, J=7.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.03(\mathrm{dd}, J=8.3,2.4 \mathrm{~Hz}, 1 \mathrm{H}), 7.85(\mathrm{dd}, J=7.7,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 7.67(\mathrm{~m}, 2 \mathrm{H}), 7.52(\mathrm{~m}$, $1 \mathrm{H}), 7.34$ (ddd, $J=7.5,4.8,1.2 \mathrm{~Hz}, 1 \mathrm{H}), 4.78(\mathrm{~s}, 2 \mathrm{H}), 1.83(1 \mathrm{H})$.

## 5-(4-(Bromomethyl)phenyl)-2,2'-bipyridine (15)



15
At room temperature, $\operatorname{PBr}_{3}(25.4 \mu \mathrm{~L}, 266 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.) was added to a solution of compound $\mathbf{1 4}$ ( $70.0 \mathrm{mg}, 266 \mu \mathrm{~mol}$, 1.00 eq.) in dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}(5 \mathrm{~mL})$. The yellow solution was stirred at room temperature for 16 h . Brine was added, the mixture was stirred for 30 min and then extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times)$. The combined organic phases were dried over $\mathrm{Na}_{2} \mathrm{SO}_{4}$, and the solvent was removed under reduced pressure. Purification by column chromatography $\left(\mathrm{SiO}_{2}, \mathrm{Et}_{2} \mathrm{O}\right)$ afforded compound 15 as a white solid ( $45 \mathrm{mg}, 138 \mu \mathrm{~mol}, 52 \%$ ).
${ }^{1} \mathbf{H}$ NMR ( $\left.400 \mathrm{MHz}, \mathbf{C D C l}_{3}\right): \delta(\mathrm{ppm})=9.93(\mathrm{dd}, J=2.5,0.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.72(\mathrm{dd}, J=5.0,1.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.53(\mathrm{~s}, 2 \mathrm{H})$, $8.04(\mathrm{dd}, J=8.3,2.3 \mathrm{~Hz}, 1 \mathrm{H}), 7.87(\mathrm{td}, J=7.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 7.64(\mathrm{~d}, J=8.2 \mathrm{~Hz}, 2 \mathrm{H}), 7.54(\mathrm{~d}, J=8.2 \mathrm{~Hz}, 2 \mathrm{H}), 7.36$ (ddd, $J=7.5,4.8,1.2 \mathrm{~Hz}, 1 \mathrm{H}), 4.57(\mathrm{~s}, 2 \mathrm{H})$.

## 1-(4-([2,2'-Bipyridin]-5-yl)benzyl)-[4,4'-bipyridin]-1-ium bromide ( $\mathbf{L}^{\mathrm{MQ}} \mathbf{B r}$ )



A solution of compound 15 ( $40.0 \mathrm{mg}, 123 \mu \mathrm{~mol}, 1.00$ eq.) and $4,4^{\prime}$-bipyridine ( $96.0 \mathrm{mg}, 615 \mu \mathrm{~mol}, 5,0$ eq.) in dry $\mathrm{CH}_{2} \mathrm{Cl}_{2}(10 \mathrm{~mL})$ was heated at reflux for 16 h . The white precipitate was filtered and washed with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$. The white solid was collected from the frit with a mixture of $\mathrm{CHCl}_{3}$ and methanol (100:1). Evaporation of the solvent yielded $\mathbf{L}^{\mathrm{MQ}} \mathbf{B r}$ as a white solid ( $58.5 \mathrm{mg}, 122 \mu \mathrm{~mol}, 99 \%$ ).
${ }^{1} \mathbf{H}$ NMR ( $\left.\mathbf{4 0 0} \mathbf{~ M H z}, \mathbf{C D}_{3} \mathbf{O D} / \mathbf{C D C l}_{3} \mathbf{1 5 : 1 0}\right): \delta(\mathrm{ppm})=9.27(\mathrm{~d}, J=6.9 \mathrm{~Hz}, 2 \mathrm{H}), 8.86(\mathrm{~d}, J=1.9 \mathrm{~Hz}, 1 \mathrm{H}), 8.78-8.71$ (m, 2H), 8.64 (d, $J=4.7 \mathrm{~Hz}, 1 \mathrm{H}), 8.41(\mathrm{~d}, J=7.1 \mathrm{~Hz}, 2 \mathrm{H}), 8.34(\mathrm{dd}, J=7.9,2.5 \mathrm{~Hz}, 2 \mathrm{H}), 8.10(\mathrm{dd}, J=8.3,2.4 \mathrm{~Hz}, 1 \mathrm{H})$, $8.00(\mathrm{td}, J=7.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 7.84-7.79(\mathrm{~m}, 2 \mathrm{H}), 7.76-7.67(\mathrm{~m}, 4 \mathrm{H}), 7.48$ (ddd, $J=7.5,5.0,1.2 \mathrm{~Hz}, 1 \mathrm{H}), 5.97$ (s, 2 H ).
${ }^{13} \mathbf{C}$ NMR ( $\left.\mathbf{1 0 1} \mathbf{~ M H z}, \mathbf{C D}_{3} \mathbf{O D} / \mathbf{C D C l}_{\mathbf{3}} \mathbf{1 5 : 1 0}\right): \delta(\mathrm{ppm})=155.55,154.99,154.39,152.06,149.30,148.66,146.77$, $143.23,140.83,140.06,137.72,137.66,134.42,131.63,129.76,127.66,126.28,123.60,123.57,123.33,65.29$.
$\left.[\mathbf{R u} \mathbf{( b p y})_{\mathbf{2}}\left(\mathbf{L}^{\mathbf{M Q}}\right)\right]\left(\mathbf{P F}_{6}\right)_{\mathbf{3}}\left(\mathbf{R u}^{2+}-\mathbf{M Q}^{+}\right.$reference dyad)

$\mathrm{Ru}^{2+}{ }^{+} \mathrm{MQ}^{+}$
A suspension of precursor complex $\mathbf{1 2}\left(74.2 \mathrm{mg}, 93.5 \mu \mathrm{~mol}, 1.02 \mathrm{eq}\right.$.) , the ligand $\mathbf{L}^{\mathbf{M O}} \mathbf{B r}(44.0 \mathrm{mg}, 91.4 \mu \mathrm{~mol}, 1.00 \mathrm{eq}$.) and silver triflate ( $40.0 \mathrm{mg}, 156 \mu \mathrm{~mol}, 1.70 \mathrm{eq}$.$) in ethylene glycol (10 \mathrm{~mL})$ was degassed and then heated at $105^{\circ} \mathrm{C}$ for 4 d . After cooling to room temperature, the mixture was taken up in methanol and acetone and filtered through a pad of celite, which was then rinsed with acetone. The solvent was removed under reduced pressure and the residue was purified by column chromatography $\left(\mathrm{SiO}_{2}\right.$, acetone $\rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 10: 1 \rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 50: 10$ ). Saturated aqueous $\mathrm{KPF}_{6}$ solution was added to the second red-colored fraction which contained the desired triad. The organic solvent was removed under reduced pressure. The resulting precipitate was filtered, washed with cold water and $\mathrm{Et}_{2} \mathrm{O}$. The red solid was taken up in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(50 \mathrm{~mL})$ and the organic phase was washed with water containing $10 \%$ acetate buffer ( $\mathrm{pH} 5,0.1 \mathrm{M}, 10 \mathrm{~mL}$ ) $(3 \times 50 \mathrm{~mL})$. The combined aqueous phases were extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(1 \times 10 \mathrm{~mL})$. To the combined aqueous phases was added saturated aqueous $\mathrm{KPF}_{6}$
solution and the mixture was stored for 0.5 h at $5^{\circ} \mathrm{C}$. Filtration and washing with cold water $(30 \mathrm{~mL})$ and $\mathrm{Et}_{2} \mathrm{O}(30 \mathrm{~mL})$ yielded a red solid, that was collected from the frit with acetone and subjected to column chromatography $\left(\mathrm{SiO}_{2}\right.$, acetone $\rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 10: 1 \rightarrow$ acetone, water, saturated aqueous $\mathrm{KNO}_{3} 100: 50: 10$ ). Saturated aqueous $\mathrm{KPF}_{6}$ solution and acetate buffer $(\mathrm{pH} 5,0.1 \mathrm{M})$ was added to the second red fraction which contained the desired triad. The organic solvent was removed under reduced pressure. The resulting precipitate was filtered, washed with cold water and $\mathrm{Et}_{2} \mathrm{O}$. The red solid was collected from the frit with acetone. Solvent removal under reduced pressure yielded $[\mathbf{R u} \mathbf{( b p y})_{\mathbf{2}}\left(\mathbf{L}^{\mathbf{M Q}}\right) \mathbf{]}\left(\mathbf{P F}_{6}\right)_{\mathbf{3}}\left(\mathbf{R u}^{\mathbf{2 +}}{ }^{-} \mathbf{M} \mathbf{M Q}^{+}\right)$as a red solid ( $46 \mathrm{mg}, 37 \mu \mathrm{~mol}, 40 \%$ ).
${ }^{1} \mathbf{H}$ NMR (400 MHz, CD $\left.\mathbf{D}_{3} \mathbf{C N}\right): \delta(\mathrm{ppm})=8.87-8.84(\mathrm{~m}, 2 \mathrm{H}), 8.83-8.79(\mathrm{~m}, 2 \mathrm{H}), 8.56(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 1 \mathrm{H}), 8.53(\mathrm{dt}$, $J=8.3,1.1 \mathrm{~Hz}, 1 \mathrm{H}), 8.49(\mathrm{~d}, J=8.6 \mathrm{~Hz}, 4 \mathrm{H}), 8.33(\mathrm{~d}, J=6.7 \mathrm{~Hz}, 2 \mathrm{H}), 8.29(\mathrm{dd}, J=8.5,2.1 \mathrm{~Hz}, 1 \mathrm{H}), 8.11-7.99(\mathrm{~m}$, $5 \mathrm{H}), 7.84(\mathrm{ddd}, J=5.7,1.5,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.81(\mathrm{dd}, J=2.1,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.80-7.76(\mathrm{~m}, 3 \mathrm{H}), 7.76-7.72(\mathrm{~m}, 2 \mathrm{H}), 7.70$ (ddd, $J=5.7,1.5,0.7 \mathrm{~Hz}, 1 \mathrm{H}), 7.49(\mathrm{~s}, 4 \mathrm{H}), 7.44-7.34(\mathrm{~m}, 5 \mathrm{H}), 5.75(\mathrm{~s}, 2 \mathrm{H})$.
HRMS: [M] ${ }^{3+}$ calculated $(\mathrm{m} / z)$ for $\mathrm{C}_{47} \mathrm{H}_{37} \mathrm{~N}_{8} \mathrm{ORu}$ : 271.7393, found: 271.7394 .
Anal. Calcd. for $\mathrm{C}_{47} \mathrm{H}_{37} \mathrm{~F}_{18} \mathrm{~N}_{8} \mathrm{OP}_{3} \mathrm{Ru} \cdot 0.65 \mathrm{C}_{3} \mathrm{H}_{6} \mathrm{O} \cdot 2.8 \mathrm{H}_{2} \mathrm{O}$ : C 43.94, H 3.50, N 8.37 ; found: C 43.76, H 3.69, N 8.56 .


Figure S1. ${ }^{1} \mathrm{H}$ NMR spectrum of the $\mathrm{PhOH}-\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$triad in $\mathrm{CD}_{3} \mathrm{CN}$. Resonances from the solvents water and acetone, and the residual solvent peak of $\mathrm{CD}_{3} \mathrm{CN}$ are marked with an asterisk (*).


Figure S2. ${ }^{1} \mathrm{H}$ NMR spectrum of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in $\mathrm{CD}_{3} \mathrm{CN}$. Resonances from the solvents water and acetone, and the residual solvent peak of $\mathrm{CD}_{3} \mathrm{CN}$ are marked with an asterisk (*).

All commercially available chemicals for synthesis were used as received. NMR spectroscopy was performed using a Bruker Avance III instrument operating at 400 MHz frequency for ${ }^{1} \mathrm{H}$ and at 101 MHz for ${ }^{13} \mathrm{C}$. The instrument was equipped with a direct observe $5-\mathrm{mm}$ BBFO smart probe and the solvent residual peak was used as internal reference. High resolution mass spectra were measured on a Bruker maXis 4G QTOF spectrometer. Elemental analyses were conducted on a Vario Micro Cube instrument from Elementar by Ms. Sylvie Mittelheisser in the Department of Chemistry at University of Basel.

Acetonitrile and pyridine for electrochemical and photophysical measurements was HPLC grade or higher. Mixtures of pyridine with pyridinium were prepared by carefully adding triflic acid to the pyridine solution. Electrochemical measurements took place at $22^{\circ} \mathrm{C}$ and photophysical measurements were performed at $25^{\circ} \mathrm{C}$. Steady-state luminescence experiments were performed on a Fluorolog-3 apparatus from Horiba Jobin-Yvon. Luminescence lifetime and transient absorption experiments occurred on an LP920-KS spectrometer from Edinburgh Instruments equipped with an iCCD detector from Andor. The excitation source was the frequency-doubled output from a Quantel Brilliant b laser. For all de-aerated optical spectroscopic experiments, the samples were de-oxygenated via two subsequent freeze-pump-thaw cycles in quartz cuvettes that were specifically designed for this purpose. UV-Vis spectra were measured on a Cary 5000 instrument from Varian. Cyclic voltammetry was performed on a Versastat3-200 potentiostat from Princeton Applied Research using a glassy carbon disk working electrode, a saturated calomel electrode (SCE) as reference electrode, and a platinum wire as counter electrode. For cyclic voltammetry in $\mathrm{CH}_{3} \mathrm{CN}$ and in neat pyridine, 0.1 M TBAPF served as electrolyte. In pyridine / 0.22 M pyridinium solution no additional supporting electrolyte was added. Prior to voltage sweeps at rates of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$, the solutions were flushed with argon. For quasi-reversible cyclic voltammograms the average of reductive and oxidative peak potential was used to determine the redox potential, for irreversible processes the inflection point of the voltage curve is reported. UV-vis spectra of electrochemically generated species were recorded with the Cary 5000 instrument by applying voltage with a Versastat3-200 potentiostat, using a platinum gauze electrode as working electrode, a saturated calomel electrode (SCE) as reference electrode, and a platinum wire as counter electrode. The substance was dissolved in $\mathrm{CH}_{3} \mathrm{CN}$ with $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$ as supporting electrolyte and the suitable potential was applied in a spectroelectrochemical cell from $A L S$ with 1 mm path length. Potentials for electrolysis were determined by cyclic voltammetry. The following experimental uncertainties were taken into account: Excited state lifetimes were considered accurate to $10 \%$, and ground state redox potentials are considered accurate to $\pm 0.05 \mathrm{~V}$.

## Optical spectroscopy of the triad in $\mathrm{CH}_{3} \mathrm{CN}$

Excitation of the $\mathrm{PhOH}-\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$triad in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration yields the spectrum shown in Figure S3. The signal was time-integrated over a period of 200 ns immediately after excitation.


Figure S3. Transient absorption spectrum of $27 \mu \mathrm{M}$ triad in neat, de-aerated $\mathrm{CH}_{3} \mathrm{CN}$, recorded directly after excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

Under comparable conditions steady-state irradiation at 450 nm of the triad yields the luminescence spectrum shown in
Figure S4.


Figure S4. Luminescence spectrum of $23 \mu \mathrm{M}$ triad in $\mathrm{CH}_{3} \mathrm{CN}$ after excitation at 450 nm .

The luminescence band in Figure S4 is compatible with ${ }^{3}$ MLCT emission from the Ru(II) photosensitizer. After pulsed excitation, the luminescence intensity at 630 nm decays with the same time constant ( $\tau=800 \pm 80 \mathrm{~ns}$ ) as the transient absorption signals at 445 and 570 nm (Figure S5). Thus, no photochemistry occurs after excitation of the triad in neat $\mathrm{CH}_{3} \mathrm{CN}$, and there is merely ${ }^{3}$ MLCT photoluminescence. The transient absorption spectrum in Figure $\mathbf{S 3}$ is the signature of that ${ }^{3}$ MLCT state. ${ }^{7,8}$


Figure S5. Kinetic data for $35 \mu \mathrm{M}$ triad in neat, de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ after excitation at 532 nm with pulses of $\sim 10 \mathrm{~ns}$ duration: Decay of the luminescence intensity at 630 nm (top), and decay of the transient absorption signals at 445 nm (middle) and 570 nm (bottom).

The UV-Vis absorption spectra of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ and in pyridine are very similar (black and green traces in Figure S6). This indicates that the phenolic unit of the triad remains largely protonated in neat pyridine.


Figure S6. Optical absorption spectra of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ (black trace) and in pyridine (green trace). At wavelengths shorter than 300 nm , pyridine is not sufficiently transparent hence the respective spectrum is cut at this wavelength.

The phenolic unit of the $\mathrm{PhOH}-\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$triad in pyridine is in an acid-base equilibrium with the solvent:

$$
\begin{equation*}
\mathrm{PhOH}+\mathrm{py} \quad \leftrightarrows \mathrm{PhO}^{-}+\mathrm{pyH}^{+} \tag{eq.S1}
\end{equation*}
$$

The law of mass action for this reaction is:

$$
\begin{equation*}
\mathrm{K}=\frac{\left[\mathrm{pyH}^{+}\right] \cdot\left[\mathrm{PhO}^{-}\right]}{[\mathrm{PhOH}] \cdot[\mathrm{py}]} \tag{eq.S2}
\end{equation*}
$$

The equilibrium constant K can be calculated from the acidity constants of $\mathrm{PhOH}\left(\mathrm{pK}_{\mathrm{a} 1}\right)$ and $\mathrm{pyH}^{+}\left(\mathrm{pK}_{\mathrm{a} 2}\right)$ according to eq. S3. We use the following values for $\mathrm{CH}_{3} \mathrm{CN}$ solution: $\mathrm{pK}_{\mathrm{a} 1}=28,{ }^{9} \mathrm{pK}_{\mathrm{a} 2}=12.5 \cdot{ }^{10}$

$$
\begin{equation*}
\mathrm{K}=10^{-\Delta \mathrm{pKa}}=10^{-(\mathrm{pKa} 1-\mathrm{pKa} 2)}=10^{-(28-12.5)}=10^{-15.5} \tag{eq.S3}
\end{equation*}
$$

With $\left[\mathrm{pyH}^{+}\right]=\left[\mathrm{PhO}^{-}\right]$, eq. S2 simplifies to:

$$
\begin{equation*}
([\mathrm{PhOH}])^{2}=\mathrm{K} \cdot[\mathrm{py}] \cdot[\mathrm{PhOH}] \tag{eq.S4}
\end{equation*}
$$

Using $\mathrm{K}=10^{-15.5}$ (from eq. S3), $[\mathrm{py}]=12.4 \mathrm{M}$ (the molarity of neat pyridine), and $[\mathrm{PhOH}]=3 \cdot 10^{-5} \mathrm{M}$ (a typical triad concentration used in our experiments), one obtains $\left[\mathrm{PhO}^{-}\right]=3.4 \cdot 10^{-10} \mathrm{M}$. This suggests that in a pyridine solution containing $3 \cdot 10^{-5} \mathrm{M}$ triad only $\sim 10^{-3} \%$ of the phenolic units are deprotonated. This analysis is a rather crude approximation, because it relies on acidity constants for $\mathrm{CH}_{3} \mathrm{CN}$, applied to a situation in which pyridine is effectively the solvent.

Nevertheless, ${ }^{1} \mathrm{H}$ NMR experiments of the phenol in pyridine support the view that only a very small fraction of phenolic units is deprotonated by pyridine yielding pyridinium. In neat $\mathrm{C}_{5} \mathrm{D}_{5} \mathrm{~N}$ the phenolic $\mathrm{O}-\mathrm{H}$ resonance is clearly visible at 7.97 ppm , whereas the $\mathrm{N}-\mathrm{H}$ resonance of pyridinium in that solvent is at 14.6 ppm (Figure S7).


Figure S7. ${ }^{1} \mathrm{H}$ NMR spectrum of 2,4,6-tri-tert-butylphenol in neat pyridine- $\mathrm{d}_{5}$ (top) and ${ }^{1} \mathrm{H}$ NMR spectrum of pyridi-nium- $\mathrm{d}_{5}$ generated by addition of 0.21 M triflic acid to pyridine- $\mathrm{d}_{5}$ (bottom). Signals marked with asterisks are due to residual non-deuterated pyridine. The phenolic proton and the pyridinium- $\mathrm{N}-\mathrm{H}$ resonance are marked by arrows.

In neat $\mathrm{CD}_{3} \mathrm{CN}$, the resonance of the phenolic proton of 2,4,6-tri-tert-butylphenol is observed at 5.26 ppm . Upon addition of increasing amounts of pyridine, this resonance shifts to lower fields, and finally after addition of 100 equivalents of pyridine, the phenolic resonance appears at 6.04 ppm (Figure S8). In neat $\mathrm{C}_{5} \mathrm{D}_{5} \mathrm{~N}$, the phenolic resonance is still clearly visible at 7.97 ppm , consistent with our conclusion on pages $\mathrm{S} 17 / 18$ that the phenolic proton is hydrogen-bonding to pyridine rather than being deprotonated in substantial amounts. As noted above (Figure S7), the pyridinium N-H resonance in pyridine- $\mathrm{d}_{5}$ appears at 14.6 ppm . This signal is not observable in any of the spectra from Figure $\mathbf{S 8}$.


Figure S8. ${ }^{1} \mathrm{H}$ NMR spectra of 2,4,6-tri-tert-butylphenol in neat $\mathrm{CD}_{3} \mathrm{CN}$ and in presence of various amounts of pyridine. The ${ }^{1} \mathrm{H}$ NMR spectrum of pyridine is shown at the top. The bottom spectrum was recorded in neat pyridine- $\mathrm{d}_{5}$ (equals 420 eq. pyridine); signals marked with asterisks are due to residual non-deuterated pyridine. The phenolic proton resonance is marked by an arrow in all spectra.

The change in chemical shift of the phenolic resonance signal as a function of pyridine concentration is attributed to hydrogen-bonding, as observed in phenols previously. ${ }^{11}$ Figure $\mathbf{S 9}$ contains a plot of these data that can be used for the determination of the association constant $\mathrm{K}_{\mathrm{H} \text {-bond }}$ describing the hydrogen-bonding interaction between the phenolic unit and pyridine (eqs. S5, S6).

$$
\begin{align*}
& \mathrm{PhOH}+\mathrm{py} \leftrightarrows \mathrm{PhOH} \cdots \mathrm{py}  \tag{eq.S5}\\
& \mathrm{~K}_{\mathrm{H}-\mathrm{bond}}=\frac{[\mathrm{PhOH} \cdots \mathrm{py}]}{[\mathrm{PhOH}] \cdot[\mathrm{py}]} \tag{eq.S6}
\end{align*}
$$



Figure S9. Chemical shift of the ${ }^{1} \mathrm{H}$ NMR resonance for the phenolic proton of 2,4,6-tri-tert-butylphenol in the titrations from Figure S8. The solid red line represents the best fit to the experimental data (black squares) according to equations S7-S9 in order to determine $\mathrm{K}_{\mathrm{H} \text {-bond }}$.

The association constant $\mathrm{K}_{\mathrm{H} \text {-bond }}$ was determined with a two-parameter fit suitable for fast exchange conditions (eq. S 7 , S8). ${ }^{12}$ Apart from $\mathrm{K}_{\mathrm{H} \text {-bond }}$, the second unknown is the chemical shift of the phenol OH resonance in the limit when all phenol molecules present in solution are hydrogen-bonded to pyridine ( $\delta_{\text {Phoн }} \cdots$ py $)$ (eq. S9). $\delta$ is the experimentally observable chemical shift at a given pyridine concentration. $[\mathrm{py}]_{0}$ and $[\mathrm{PhOH}]_{0}$ are the nominal pyridine and phenol concentrations, respectively.

$$
\begin{align*}
& \delta=\delta_{\mathrm{PhOH}^{-}}\left(\frac{\Delta \delta}{2}\right) \cdot\left(\mathrm{b}-\sqrt{\mathrm{b}^{2}-4\left(\frac{[\mathrm{py}]_{0}}{[\mathrm{PhOH}]_{0}}\right)}\right)  \tag{eq.S7}\\
& \mathrm{b}=1+\frac{[\mathrm{py}]_{0}}{[\mathrm{PhOH}]_{0}}+\frac{1}{\left(\mathrm{~K}_{\mathrm{H}-\mathrm{bond}} \cdot[\mathrm{PhOH}]_{0}\right)}  \tag{eq.S8}\\
& \Delta \delta=\delta_{\mathrm{PhOH}}-\delta_{\mathrm{PhOH} \cdots \mathrm{py}} \tag{eq.S9}
\end{align*}
$$

The outcome of this analysis is that $\mathrm{K}_{\mathrm{H} \text {-bond }} \approx 0.16 \pm 0.04 \mathrm{M}^{-1}$. Thus, hydrogen-bonding between the phenolic unit of the triad and pyridine is very weak, presumably due to the sterically demanding tert-butyl substituents in ortho-position to the hydroxyl group.

Phenols without ortho-substituents have association constants about an order of magnitude larger in $\mathrm{CD}_{3} \mathrm{CN}$ and in benzonitrile. ${ }^{11,13}$

The fit further yielded $\delta_{\text {Phoh } \cdots \text { py }}=8.0 \pm 0.1 \mathrm{ppm}$ for the chemical shift in the limit in which all phenol molecules are hydrogen-bonded, compatible with the observable chemical shift in pyridine- $\mathrm{d}_{5}$ ( 7.97 ppm , see above).
Using eq. S6 with $\mathrm{K}_{\mathrm{H} \text {-bond }} \approx 0.16 \mathrm{M}^{-1}$ and $[\mathrm{py}]=12.5 \mathrm{M}$, the ratio $\frac{[\mathrm{PhOH} \cdots \mathrm{py}]}{[\mathrm{PhOH}]}$ in pyridine solution is approximately $\frac{2}{1}$.
We note that some of the evidence discussed in the main paper suggests that not all triad molecules are hydrogenbonded, even in neat pyridine.

The cyclic voltammogram of $N$-methyl-4, $4^{\prime}$ '-bipyridinium $\left(\mathrm{MQ}^{+}\right)$was recorded in $\mathrm{CH}_{3} \mathrm{CN}$ containing 0.1 M TBAPF 6 (tetra- $n$-butylammonium hexafluorophosphate) as a supporting electrolyte. Two quasi-reversible reduction waves are observed (Figure S10a), in line with prior reports. ${ }^{6,14,15}$


Figure S10. (a) Cyclic voltammogram of $0.02 \mathrm{M} \mathrm{MQ}^{+}$in $\mathrm{CH}_{3} \mathrm{CN}$; (b) cyclic voltammogram of $0.01 \mathrm{M} \mathrm{MQ}^{+}$in $\mathrm{CH}_{3} \mathrm{CN}$ with 0.02 M triflic acid. The supporting electrolyte was $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$ in both cases, and the potential sweep rate was $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

In presence of 0.02 M triflic acid, only the first reduction wave of $0.01 \mathrm{M} \mathrm{MQ}^{+}$was quasi-reversible (Figure $\mathbf{S 1 0 b}$ ). This wave corresponds to the reduction of protonated monoquat $\left(\mathrm{MQH}^{2+}\right)$, and the determined reduction potential of this compound is in line with that of methyl viologen. ${ }^{14,15}$ Table $\mathbf{S} 1$ summarizes the monoquat reduction potentials in $\mathrm{CH}_{3} \mathrm{CN}$.

Table S1. Reduction potentials $\left(\mathrm{E}^{0}\right)$ of $\mathrm{MQ}^{+}$and $\mathrm{MQH}^{2+}$ in $\mathrm{CH}_{3} \mathrm{CN} . \mathrm{E}_{\mathrm{p}, \mathrm{a}}-\mathrm{E}_{\mathrm{p}, \mathrm{c}}$ is the difference between anodic and cathodic peak currents.

| redox couple | $\mathrm{E}^{0}[\mathrm{~V}$ vs. SCE$]$ | $\mathrm{E}_{\mathrm{p}, \mathrm{a}}-\mathrm{E}_{\mathrm{p}, \mathrm{c}}[\mathrm{mV}]$ |
| :--- | :---: | :---: |
| $\mathrm{MQ}^{+/ \cdot}$ | $-0.96 \pm 0.05$ | 170 |
| $\mathrm{MQ}^{\bullet-}$ | $-1.62 \pm 0.05$ | 170 |
| $\mathrm{MQH}^{2+/ \bullet+}$ | $-0.50 \pm 0.05$ | 160 |

The spectro-electrochemical trace of $\mathrm{MQ}^{*}$ in Figure 2 b of the main paper was obtained by applying a potential of -1.0 V vs. SCE to a 0.02 M solution of $\mathrm{MQPF}_{6}$ in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ containing $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$. The spectro-electrochemical trace of $\mathrm{MQH}^{++}$in Figure 2 b of the main paper was recorded while applying a potential of -0.5 V vs. SCE to a 0.01 M solution of $\mathrm{MQPF}_{6}$ in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ containing 0.02 M triflic acid and 0.1 M TBAPF .

The extinction coefficients were estimated from comparison with previously published spectra. ${ }^{14}$

The cyclic voltammogram of 2,4,6-tri-tert-butylphenol in $\mathrm{CH}_{3} \mathrm{CN}$ with $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$ is shown in Figure S11. From the inflection point in the irreversible oxidation wave, one estimates an oxidation potential of 1.40 V vs. SCE, in line with prior reports. ${ }^{9}$


Figure S11. Cyclic voltammogram of 2,4,6-tri-tert-butylphenol in $\mathrm{CH}_{3} \mathrm{CN}$ with $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$ as supporting electrolyte at a scan rate of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

In order to obtain a reference UV-Vis spectrum of the neutral phenoxyl radical that was expected to form as a photoproduct in the triad, a phenol reference compound that has an attached $p$-xylene moiety was needed. Compound $\mathbf{4}$ (page S3) was useful for this purpose. The respective compound was converted to its phenoxyl radical form in a $1: 6$ (v:v) mixture of pyridine and toluene using an aqueous solution of $\mathrm{K}_{3}\left[\mathrm{Fe}(\mathrm{CN})_{6}\right]$ in 0.05 M NaOH as an oxidant following a published procedure. ${ }^{16}$ The result is shown in Figure 2c of the main paper, and the respective spectrum is in line with previously published UV-Vis spectra of related phenoxyl radicals. ${ }^{17-19}$

The extinction coefficients were estimated by comparison with previously published spectra of phenoxyl radicals. ${ }^{16,18}$

## Electrochemistry of the triad in $\mathrm{CH}_{3} \underline{\mathrm{CN}}$

The cyclic voltammogram of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ is shown in Figure $\mathbf{S 1 2}$ (green trace) along with the cyclic voltammograms of $\mathrm{Ru}(\text { bpy })_{3}{ }^{2+}$ (black trace), the $\mathrm{MQ}^{+}$reference compound (blue trace; from Figure S10), and 2,4,6-tri-tert-butylphenol (red trace; from Figure S11). This comparison facilitates attribution of the individual waves to different redox processes expected for the triad.


Figure S12. Cyclic voltammograms in $\mathrm{CH}_{3} \mathrm{CN}$ with $0.1 \mathrm{M} \mathrm{TBAPF}_{6}$ recorded at potential sweep rates of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

In the oxidative sweep of the triad, one detects two overlapping waves that can be attributed to oxidation of the phenolic unit to the phenoxyl radical cation and to oxidation of $\mathrm{Ru}(\mathrm{II})$ to $\mathrm{Ru}(\mathrm{III})$. In the reductive sweep one readily recognizes the first $\mathrm{MQ}^{+}$reduction while the second reduction of this moiety overlaps with the reduction of one of the three bpy ligands.

The wave at -0.16 V vs. SCE is attributed to oxidation of the phenolate species $\left(\mathrm{PhO}^{-}\right)$to phenoxyl radical $\left(\mathrm{PhO}^{\circ}\right) . \mathrm{PhO}^{-}$ forms after initial oxidation of PhOH at 1.25 V vs. SCE. The resulting $\mathrm{PhOH}^{+}$species is highly acidic and releases a proton to the electrolyte solution, and the resulting phenoxyl radical is reduced to phenolate in the subsequent reductive sweep. Upon increasing the potential again, phenolate oxidation then occurs at -0.16 V vs. SCE , in line with prior studies. ${ }^{1}$

The redox potentials extracted from this data are summarized in Table $\mathbf{S 2}$.

Table S2. Redox potentials of the individual components of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ (in V vs. SCE), determined from the data in Figure S12.

| redox couple | triad | $\mathrm{Ru}(\mathrm{bpy})_{3^{2+a}}$ | $2,4,6{ }^{-1 B u} \mathrm{PhOH}^{b}$ | $\mathrm{MQ}^{+c}$ |
| :--- | :---: | :---: | :---: | :---: |
| $\mathrm{Ru}($ III/II) | 1.30 | 1.28 |  |  |
| $\mathrm{PhOH}^{+/ 0}$ | 1.25 |  | 1.40 |  |
| $\mathrm{PhO}^{* /}$ | -0.12 |  | -0.32 |  |
| $\mathrm{MQ}^{+/}$ | -0.89 |  |  | -0.96 |
| $\mathrm{MQH}^{2+/+}$ |  |  | -0.50 |  |
| $\mathrm{MQ}^{/-}$ | -1.66 |  |  | -1.62 |
| $\mathrm{bpy}^{0 /-}$ | -1.26 | -1.33 |  |  |
| $\mathrm{bpy}^{0 /-}$ | -1.49 | -1.53 |  |  |
| $\mathrm{bpy}^{0 /-}$ | -1.81 | -1.77 |  |  |

${ }^{a}$ Measured on $\left[\mathrm{Ru}(\mathrm{bpy})_{3}\right]\left(\mathrm{PF}_{6}\right)_{2}$ in $\mathrm{CH}_{3} \mathrm{CN}$. ${ }^{b}$ From ref. ${ }^{9}$. ${ }^{c}$ Measured on the monoquat reference compound shown in Figure 2 b of the main paper. Ground state redox potentials are considered accurate to $\pm 0.05 \mathrm{~V}$.

The cyclic voltammogram of $\left[\mathrm{Ru}(\mathrm{bpy})_{3}\right]\left(\mathrm{PF}_{6}\right)_{2}$ in pyridine is shown in Figure $\mathbf{S 1 3}$. Reduction and oxidation waves are slightly shifted compared to $\mathrm{CH}_{3} \mathrm{CN}$ solution. ${ }^{20}$ In pyridine, the first reduction takes place at $-1.22 \pm 0.05 \mathrm{~V}$ vs. SCE, whereas and the $\mathrm{Ru}^{\mathrm{II} / I I}$ oxidation is at $1.40 \pm 0.05 \mathrm{~V}$ vs. SCE and is irreversible on the time scale of this cyclic voltammogram experiment.


Figure S13. Cyclic voltammogram of $\left[\mathrm{Ru}(\mathrm{bpy})_{3}\right]\left(\mathrm{PF}_{6}\right)_{2}$ in pyridine with 0.1 M TBAPF 6 recorded at potential sweep rates of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

In order to assess the PCET thermodynamics of the $\mathrm{MQ}^{+}$acceptor unit, cyclic voltammetry of the $\mathrm{MQ}^{+}$reference compound from Figure $2 b$ of the main paper and of its protonated congener $\left(\mathrm{MQH}^{2+}\right)$ was recorded in $\mathrm{CH}_{3} \mathrm{CN}$, pyridine, and in the pyridine / 0.22 M pyridinium mixture used for the spectroscopic studies. (Figure S14).


Figure S14. Cyclic voltammograms of $\mathrm{MQ}^{+}$and $\mathrm{MQH}^{2+}$ in $\mathrm{CH}_{3} \mathrm{CN}$, pyridine, and py $/ 0.22 \mathrm{M} \mathrm{pyH}^{+}$at potential sweep rates of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

The PCET thermodynamics of the 2,4,6-tri-tert-butylphenol donor unit have been reported previously for $\mathrm{CH}_{3} \mathrm{CN},{ }^{9}$ but not for pyridine solution and neither for the py $/ 0.022 \mathrm{M} \mathrm{pyH}^{+}$mixture. The cyclic voltammograms of $2,4,6$-tri-tertbutylphenol in $\mathrm{CH}_{3} \mathrm{CN}$, pyridine, and py/pyH ${ }^{+}$are compared in Figure S15. No significant shift of oxidation potential is observed when changing the solvent from $\mathrm{CH}_{3} \mathrm{CN}$ to pyridine or py / $0.022 \mathrm{M} \mathrm{pyH}^{+}$.


Figure S15. Cyclic voltammograms of 2,4,6-tri-tert-butylphenol in $\mathrm{CH}_{3} \mathrm{CN}$, pyridine, and py $/ 0.022 \mathrm{M} \mathrm{pyH}^{+}$at potential sweep rates of $0.1 \mathrm{~V} \mathrm{~s}^{-1}$.

Table S3 presents an overview of the redox potentials of some key processes occurring at the PhOH donor and $\mathrm{MQ}^{+}$ acceptor units of the triad based on the measurements in Figure S14 and Figure S15.

Table S3. Relevant potentials for the triad (in V vs. SCE) in py and in py / $0.022 \mathrm{M} \mathrm{pyH}^{+}$, based on measurements on reference molecules (Figure S14 and Figure S15).

| redox process | $\mathrm{E}[\mathrm{V}]$ |
| :--- | :---: |
| $\mathrm{MQ}^{+}+$py $+\mathrm{e}^{-} \rightarrow \mathrm{MQ}^{+}+$py | $-0.89 \pm 0.1$ |
| $\mathrm{MQ}^{+}+\mathrm{pyH}^{+}+\mathrm{e}^{-} \rightarrow \mathrm{MQH}^{+}+$py | $-0.68 \pm 0.1$ |
| $\mathrm{PhOH}+\mathrm{py}\left(\mathrm{H}^{+}\right) \rightarrow \mathrm{PhOH}^{+}+\mathrm{py}\left(\mathrm{H}^{+}\right)+\mathrm{e}^{-}$ | $1.40 \pm 0.1$ |

For the $\mathrm{Ru}(\mathrm{II})$ photosensitizer unit of the triad, the ground state redox potentials of $\mathrm{Ru}(\mathrm{bpy}){ }_{3}{ }^{2+}$ were determined in pyridine (Figure S13). Excited state redox potentials were estimated on the basis of the known ${ }^{3}$ MLCT energy and ground state redox potentials. ${ }^{20}$ The relevant data is summarized in graphical form in Figure S16.


Figure S16. Latimer diagram for $\mathrm{Ru}(\mathrm{bpy}) 3^{2+}$ in pyridine. Potentials are given in Volts vs. SCE.

For the monoquat acceptor unit, the one-electron reduction potentials were determined in pyridine using the $N$-methyl-4,4’-bipyridinium ( $\mathrm{MQ}^{+}$) reference compound (Figure S14c, Table S3).

In addition, the electrochemical potential for reduction of $\mathrm{MQ}^{+}$in pyridine in presence of 0.22 M pyridinium was measured (Figure S14d). Under these conditions, one measures effectively the potential of the proton-coupled electron transfer (PCET) process leading from $\mathrm{MQ}^{+}$and $\mathrm{pyH}^{+}$to $\mathrm{MQH}^{++}$and py (or vice versa, green arrow in Figure S17a). From the respective potential ( -0.68 V vs. SCE; Table S3), and the two relevant one-electron reduction potentials ( -0.5 V vs. SCE, recorded in $\mathrm{CH}_{3} \mathrm{CN}$ from Table $\mathbf{S} 1$, and -0.89 V vs. SCE, recorded in pyridine from Table S3) (blue arrows in Figure S17a) one can then estimate the reaction free energies for the proton transfer (PT) reactions represented by horizontal red arrows in the thermodynamic square scheme of Figure S17a. For example, the protonation of py by $\mathrm{MQH}^{+}$to afford $\mathrm{pyH}^{+}$and MQ is estimated to be endergonic by 0.21 eV based on this formalism. Using a $\mathrm{pK}_{\mathrm{a}}$ value of 12.5 for pyridinium in $\mathrm{CH}_{3} \mathrm{CN},{ }^{10}$ this then translates to a $\mathrm{pK}_{\mathrm{a}}$ value of $16(=12.5+(0.21 \mathrm{~V} / 0.059 \mathrm{~V}))$ for $\mathrm{MQH}^{+}$ (top red arrow in Figure S17b). Similarly, a $\mathrm{pK}_{\mathrm{a}}$ value of $9.4\left(=12.5+(-0.18 \mathrm{~V} / 0.059 \mathrm{~V})\right.$ ) is estimated for the $\mathrm{MQH}^{2+}$ species.


Figure S17. Thermochemical square scheme with all relevant redox potentials, driving forces, and acidity constants of the monoquat unit: (a) Redox potentials and driving-forces for proton transfer events. (b) Redox potentials and acidity constants derived from the data in (a) and the published $\mathrm{pK}_{\mathrm{a}}$ value of $\mathrm{pyH}^{+}$in $\mathrm{CH}_{3} \mathrm{CN}(12.5) .{ }^{10}$ See text for details.

As noted above, 2,4,6-tri-tert-butylphenol was used as a reference compound to capture the redox and acid/base properties of the phenolic unit in the triad. The relevant thermochemical data for this compound have been reported previously for $\mathrm{CH}_{3} \mathrm{CN}$ solution, and they are summarized in Figure $\mathbf{S 1 8}$. ${ }^{9}$


Figure S18. Thermochemical square scheme for 2,4,6-tri-tert-butylphenol ( PhOH ) in $\mathrm{CH}_{3} \mathrm{CN}^{9}{ }^{9}$ Redox potentials are given in V vs. SCE.

Using the data for pyridine/pyridinium solution from Figure S15 (Table S3) and the published acidity constant of pyridinium in $\mathrm{CH}_{3} \mathrm{CN}\left(\mathrm{pK}_{\mathrm{a}}=12.5\right){ }^{10}$ it becomes possible to estimate the relevant thermochemical parameters for 2,4,6-tri-tert-butylphenol in presence of pyridine. The respective data set is summarized in Figure $\mathbf{S 1 9}$ in the form of a square scheme with redox potentials (blue arrows marked with ET; green arrow marked with PCET) and driving-forces for proton transfer (red arrows marked with PT).


Figure S19. Thermochemical square scheme for 2,4,6-tri-tert-butylphenol $(\mathrm{PhOH})$ in pyridine (py), estimated from $\mathrm{pK}_{\mathrm{a}}$ values of PhOH and $\mathrm{pyH}^{+}$in $\mathrm{CH}_{3} \mathrm{CN}$ and redox potential of phenolate in $\mathrm{CH}_{3} \mathrm{CN}$. Redox potentials are given in V vs. SCE.

A key outcome of this analysis is that the proton-coupled oxidation of PhOH occurs at substantially lower potential ( 0.49 V vs. SCE ) than oxidation of PhOH to the phenoxyl radical cation (1.40 V vs. SCE).

The lowest ${ }^{3}$ MLCT excited state of the $\mathrm{Ru}(\mathrm{II})$ photosensitizer of the triad is assumed to be at the same energy $(2.1 \mathrm{eV})$ as the emissive ${ }^{3} \mathrm{MLCT}$ state in $\mathrm{Ru}(\mathrm{bpy})_{3}{ }^{2+}$. The similarity of the luminescence spectrum in Figure $\mathbf{S} 4$ on page S 15 to the luminescence spectrum of $\mathrm{Ru}(\mathrm{bpy})_{3^{2+}}$ supports this assumption. Thus, the initially excited state is at 2.1 eV :

$$
\begin{equation*}
\mathrm{PhOH}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\mathrm{py} \tag{i}
\end{equation*}
$$

$$
\begin{equation*}
\mathrm{E}_{1}=2.1 \mathrm{eV} \tag{eq.S10}
\end{equation*}
$$

The *Ru ${ }^{2+}$ complex has a reduction potential of 0.9 V vs. SCE (Figure $\mathbf{S 1 6}$ on page S 27 ) and the PhOH unit has a oneelectron oxidation potential of 1.40 V vs. SCE (Figure $\mathbf{S} 19$ on page S28). Consequently, reductive quenching of ${ }^{*} \mathrm{Ru}^{2+}$ by PhOH to form $\mathrm{Ru}^{+}$and $\mathrm{PhOH}^{+}$is endergonic by 0.5 eV . Thus, ${ }^{*} \mathrm{Ru}^{2+}$ is not thermodynamically competent to oxidize PhOH without coupled proton release and the respective process is not a viable reaction pathway.
However, when phenol oxidation occurs in concert with proton release to pyridine base, then the relevant PCET redox potential is only 0.49 V vs. SCE (Figure $\mathbf{S} 19$ on page S 28 ). Consequently, reductive quenching of ${ }^{*} \mathrm{Ru}^{2+}$ becomes exergonic by ca. 0.4 eV in that case (eq. S 11 ). Pyridinium ( $\mathrm{pyH}^{+}$) is formed as a side product. The resulting intermediate is at an energy of $1.7 \mathrm{eV}(2.1 \mathrm{eV}-0.4 \mathrm{eV})$ above the electronic ground state (eq. S 12 ).
(ii) $\mathrm{PhO}^{\bullet}-\mathrm{Ru}^{+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+}$

$$
\begin{align*}
& \Delta \mathrm{G}_{\text {PCET }}=-0.4 \mathrm{eV}  \tag{eq.S11}\\
& \mathrm{E}_{2}=1.7 \mathrm{eV} \tag{eq.S12}
\end{align*}
$$

Alternatively, oxidative quenching of ${ }^{*} \mathrm{Ru}^{2+}$ by $\mathrm{MQ}^{+}$must be considered. The oxidation potential of $\mathrm{Ru}^{2+}$ is -0.7 V vs. SCE whereas the reduction potential of $\mathrm{MQ}^{+}$is -0.89 V vs. SCE (Figure $\mathbf{S 1 6}$ and Figure S17b on page S27). Consequently, intramolecular electron transfer from ${ }^{*} \mathrm{Ru}^{2+}$ to $\mathrm{MQ}^{+}$is endergonic by ca. 0.2 eV (eq. S13). The respective photoproduct state is then 2.3 eV above the electronic ground state (eq. S14), and this is not a viable reaction pathway on thermodynamic grounds. Experimentally, this was shown with the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$reference dyad in pyridine in Figure S30 and Figure S31 on page S39. The lifetime of the ${ }^{3}$ MLCT state of the reference dyad in pyridine is $1090 \pm 109 \mathrm{~ns}$ and therefore comparable with the lifetime of $\left.{ }^{3} \mathrm{MLCT}-\mathrm{Ru}(\mathrm{bpy})\right)_{3}{ }^{2+}$ in various solvents. ${ }^{21}$

$$
\begin{array}{ll}
\mathrm{PhOH}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\text {py } \rightarrow \mathrm{PhOH}-\mathrm{Ru}^{3+}-\mathrm{MQ}^{\bullet}+\text { py } & \Delta \mathrm{G}_{\mathrm{ET}}=+0.2 \mathrm{eV} \\
\mathrm{PhOH}-\mathrm{Ru}^{3+}-\mathrm{MQ}^{\bullet}+\text { py } & \mathrm{E}_{3}=2.3 \mathrm{eV}
\end{array}
$$

However, when $\mathrm{MQ}^{+}$reduction occurs in concert with protonation using 0.22 M pyridinium as an acid and pyridine as a solvent, then the relevant PCET redox potential is -0.68 V vs. SCE (Figure $\mathbf{S 1 7 b}$ on page S 27 ). Consequently, oxidative quenching of $\mathrm{Ru}^{2+}$ by $\mathrm{MQ}^{+}$via PCET is approximately ergoneutral (eq. S15) and the relevant photoproduct state is at roughly the same energy as the initial ${ }^{3}$ MLCT state (eq. S16). The respective photo-experiment with the $\mathrm{Ru}(\mathrm{II})$ $\mathrm{MQ}^{+}$reference dyad in py / $0.22 \mathrm{M} \mathrm{pyH}^{+}$shows only moderate quenching of the ${ }^{3} \mathrm{MLCT}$ state ( $\tau=300 \pm 30 \mathrm{~ns}$ ) due to the presence of protons (Figure S32 and Figure S33 on page S40).

$$
\begin{equation*}
\mathrm{PhOH}-{ }^{*} \mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \rightarrow \mathrm{PhOH}-\mathrm{Ru}^{3+}-\mathrm{MQH}^{+}+\text {py } \quad \Delta \mathrm{G}_{\mathrm{PCET}}=0.0 \mathrm{eV} \tag{eq.S15}
\end{equation*}
$$

As noted in the main paper, the most productive reaction pathway is therefore initial reductive ${ }^{*} \mathrm{Ru}^{2+}$ quenching by PhOH in a PCET reaction leading to state (ii) at 1.7 eV , in line with the $\mathrm{H} / \mathrm{D}$ kinetic isotope effect of $2.2 \pm 0.2$. Secondary intramolecular electron transfer from $\mathrm{Ru}^{+}$to $\mathrm{MQ}^{+}$is then exergonic by 0.3 eV (eq. S17), because the oxidation potential of $\mathrm{Ru}^{+}$is -1.22 V vs. SCE whereas the one-electron reduction potential of $\mathrm{MQ}^{+}$(to yield MQ ${ }^{\circ}$ ) is -0.89 V vs. SCE (Figure S16 and Figure S17b on page S27).

$$
\begin{array}{ll}
\mathrm{PhO}^{\circ}-\mathrm{Ru}^{+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \rightarrow \mathrm{PhO}^{\bullet}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{\bullet}+\mathrm{pyH}^{+} & \Delta \mathrm{G}_{\mathrm{ET}}=-0.3 \mathrm{eV} \\
\mathrm{PhO}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{\bullet}+\mathrm{pyH}^{+} & \mathrm{E}_{5}=1.4 \mathrm{eV}
\end{array}
$$

The acidity constant of $\mathrm{pyH}^{+}$in $\mathrm{CH}_{3} \mathrm{CN}$ is $12.5,{ }^{10}$ whereas the $\mathrm{pK}_{\mathrm{a}}$ value of $\mathrm{MQH}^{++}$is 16 (Figure S17b on page S27). Consequently, there is ca. $0.2 \mathrm{eV}(=0.059 \mathrm{eV} \cdot(16-12.5))$ driving-force for proton transfer from $\mathrm{pyH}^{+}$to $\mathrm{MQ}^{\cdot}$ in intermediate (v) (eq. S19), leading to the experimentally observable photoproduct state (vi) (eq. S20).
(vi) $\quad \mathrm{PhO}^{\circ}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{+}+$py

$$
\begin{align*}
& \Delta \mathrm{G}_{\mathrm{PT}}=-0.2 \mathrm{eV}  \tag{eq.S19}\\
& \mathrm{E}_{6}=1.2 \mathrm{eV} \tag{eq.S20}
\end{align*}
$$

The decay pathways of this photoproduct are as follows. The oxidation potential of $\mathrm{MQH}^{++}$in $\mathrm{CH}_{3} \mathrm{CN}$ is -0.5 V vs. SCE (Figure S17b on page S 27 ), whereas the reduction potential of $\mathrm{PhO}^{*}$ in presence of py / $\mathrm{pyH}^{+}$is -0.43 V vs. SCE (Figure $\mathbf{S 1 9}$ on page S 28 ). Consequently, there is ca. 0.1 eV driving-force for intramolecular electron transfer from $\mathrm{MQH}^{++}$to PhO• yielding $\mathrm{MQH}^{2+}$ and $\mathrm{PhO}^{-}$(eqs. S21/S22).

$$
\begin{array}{lll} 
& \mathrm{PhO}^{\circ}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{++}+\text {py } \rightarrow \mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{2+}+\text { py } & \Delta \mathrm{G}_{\mathrm{ET}}=-0.1 \mathrm{eV} \\
\text { (vii) } & \mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{2+}+\text { py } & \mathrm{E}_{7}=1.1 \mathrm{eV} \tag{eq.S22}
\end{array}
$$

The $\mathrm{pK}_{\mathrm{a}}$ of $\mathrm{MQH}^{2+}$ in $\mathrm{CH}_{3} \mathrm{CN}$ is 9.4 (Figure $\mathbf{S 1 7 b}$ on page S 27 ), and the $\mathrm{pK}_{\mathrm{a}}$ of PhOH is 28 in the same solvent (Figure S18 on page S28). ${ }^{9}$ Consequently, there is a driving-force of $1.1 \mathrm{eV}(=0.059 \mathrm{eV} \cdot(28-9.4))$ for proton transfer between $\mathrm{MQH}^{2+}$ and $\mathrm{PhO}^{-}$(eq. S23). Mechanistically, this occurs via protonation of py by $\mathrm{MQH}^{2+}$ and protonation of $\mathrm{PhO}^{-}$by $\mathrm{pyH}^{+}$, and the result is the initial ground state of the triad (eq. S24).

$$
\begin{array}{lll} 
& \mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{2+}+\text { py } \rightarrow \mathrm{PhOH}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\text {py } & \Delta \mathrm{G}_{\mathrm{PT}}=-1.1 \mathrm{eV} \\
\text { (viii) } & \mathrm{PhOH}^{2+} \mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\text {py } & \mathrm{E}_{8}=0.0 \mathrm{eV} \tag{eq.S24}
\end{array}
$$

Most estimates made above rely on redox potentials and acidity constants for $\mathrm{CH}_{3} \mathrm{CN}$ solution due to lack of better alternatives. It seems more appropriate to use data for $\mathrm{CH}_{3} \mathrm{CN}$ than for $\mathrm{H}_{2} \mathrm{O}$ as approximated values for pyridine, due to the protic nature of $\mathrm{H}_{2} \mathrm{O}$. While some redox potentials are accessible for pyridine solution (page $\mathrm{S} 25-\mathrm{S} 26$ ), this is not the case for $\mathrm{pK}_{\mathrm{a}}$ values.

Following excitation of the $\mathrm{Ru}(\mathrm{II})$ photosensitizer at 532 nm , its ${ }^{3} \mathrm{MLCT}$ excited state at 2.1 eV is rapidly populated. Based on the thermochemical data from Figure S16 and Figure S19, the proton-coupled oxidation of PhOH by the ${ }^{3}$ MLCT-excited photosensitizer ( ${ }^{*} \mathrm{Ru}^{2+}$ ) in presence of pyridine (py) is exergonic by 0.4 eV :

$$
\begin{equation*}
\mathrm{PhOH}--^{*} \mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\text {py } \rightarrow \mathrm{PhO}-\mathrm{Ru}^{+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \quad \Delta \mathrm{G}_{\mathrm{PCET}}=-0.4 \mathrm{eV} \tag{eq.S11}
\end{equation*}
$$

For simplicity, $\mathrm{Ru}^{+}$denotes the reduced photosensitizer unit, but it should be kept in mind that its LUMO is ligandbased, and therefore this notation is not meant to reflect the metal oxidation state. According to Figure $\mathbf{S 1 9}$, the reduction of $\mathrm{PhO}^{*}$ to $\mathrm{PhO}^{-}$occurs at a potential of -0.43 V vs. SCE , whereas oxidation of $\mathrm{Ru}^{+}$to $\mathrm{Ru}^{2+}$ occurs at -1.22 V vs. SCE (Figure S16). Consequently, intramolecular electron transfer from $\mathrm{Ru}^{+}$to $\mathrm{PhO}^{\bullet}$ is exergonic by ca. 0.8 eV . This is a recombination-type side reaction of the photoinduced radical transfer in the triad:

$$
\begin{equation*}
\mathrm{PhO}^{\circ}-\mathrm{Ru}^{+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \rightarrow \mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \quad \Delta \mathrm{G}_{\mathrm{ET}}=-0.8 \mathrm{eV} \tag{eq.S25}
\end{equation*}
$$

The product of this reaction is the phenolate species in its electronic ground state. We previously found the exact same type of photochemical mechanism, called apparent photoacid behavior, in a series of $\operatorname{Ru}(\mathrm{II})-$ phenol and $\operatorname{Re}(\mathrm{I})$-phenol dyads. ${ }^{1,22-24}$ (This photochemistry occurs only in a subset of triads in neat pyridine, while another subset reacts onward to produce the $\mathrm{PhO} \cdot-\mathrm{Ru}^{2+}-\mathrm{MQ} \cdot$ photoproduct, leading to the MQ• signature seen in Figure 2 a of the main paper).
The phenolate photoproduct is only detectable in pyridine without triflic acid, because under these conditions the concentrations of $\mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}$and $\mathrm{pyH}^{+}$are both equally low $\left(<10^{-5} \mathrm{M}\right)$, hence the proton transfer from $\mathrm{pyH}^{+}$to $\mathrm{PhO}^{-}$is slow even though it is strongly exergonic (eq. S26):

$$
\begin{equation*}
\mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\mathrm{pyH}^{+} \rightarrow \mathrm{PhOH}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}+\text {py } \quad \Delta \mathrm{G}_{\mathrm{PT}}=-0.9 \mathrm{eV} \tag{eq.S26}
\end{equation*}
$$

The measured kinetics of the photochemistry described by equations S11, S25 and S26 (as measured in neat pyridine) is presented on page S33.

In the py / $0.22 \mathrm{M} \mathrm{pyH}^{+}$mixture, any phenolate species is more rapidly protonated by $\mathrm{pyH}^{+}$than it is formed, and consequently the $\mathrm{PhO}^{-}$signature remains undetectable in presence of 0.22 M triflic acid in pyridine.

## Optical absorption spectrum of the deprotonated triad in $\mathrm{CH}_{3} \mathrm{CN}$

The spectrum of the deprotonated triad was recorded in neat $\mathrm{CH}_{3} \mathrm{CN}$ under inert atmosphere by adding 4 equivalents of tetrabutylammonium hydroxide (TBAOH) to the solution of the triad (Figure S20). The difference spectrum of the deprotonated triad in Figure S21 was produced by subtracting the black trace from the red trace in Figure S20.


Figure S20. Optical absorption spectrum of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ (black trace) and upon addition of 4 equivalents of tetrabutylammonium hydroxide (TBAOH, red trace).


Figure S21. Difference absorption spectrum of the triad in $\mathrm{CH}_{3} \mathrm{CN}$ upon deprotonation with 4 equivalents of TBAOH based on the absorption spectra in Figure S20.

The appearance of a difference band near 400 nm in Figure $\mathbf{S 2 1}$ is taken as an indication for the formation of phenolate in the transient absorption spectrum from Figure 2a of the main paper recorded in neat pyridine (black trace).

Excitation of the triad in neat, de-aerated pyridine at 532 nm leads to the transient absorption spectra in Figure S22. These spectra were detected by time-integration over 200 ns after different delay times (see inset), following the $10-\mathrm{ns}$ excitation pulses. The spectrum recorded with a delay of $2 \mu$ s corresponds to the black trace in Figure 2a of the main paper.


Figure S22. Transient absorption spectra of $55 \mu \mathrm{M}$ triad in neat pyridine, recorded at different time delays $\left(\mathrm{t}_{0}\right)$ following excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

The temporal evolution of the transient absorption signals at 3 different wavelengths ( $375,420,550 \mathrm{~nm}$ ) are shown in Figure S23 along with the ${ }^{3}$ MLCT luminescence decay detected at 630 nm . Two different time axes are used to display rapid (left) and slow processes (right).


Figure S23. Kinetic traces for luminescence at 630 nm and transient absorption at 3 different wavelengths, recorded after excitation of $55 \mu \mathrm{M}$ triad in neat pyridine at 532 nm . The laser pulse width was $\sim 10 \mathrm{~ns}$.

From the data in Figure $\mathbf{S 2 2}$ and Figure $\mathbf{S 2 3}$ one learns that the phenolate photoproduct $\mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}$is formed with a time constant of $35 \pm 4 \mathrm{~ns}$ (via the reaction described by equation S11 on page S31, followed by reverse electron transfer from $\mathrm{Ru}^{+}$to $\mathrm{PhO} ;$; equation S 25 on page S 31 ). The $\mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}$photoproduct then decays with a time constant of $18 \pm 2 \mu \mathrm{~s}$. Proton transfer between $\mathrm{pyH}^{+}$and $\mathrm{PhO}^{-}$(equation S26 on page S31) is so slow because the concentrations of these two reactants are both very low in neat pyridine $\left(<10^{-5} \mathrm{M}\right)$, as noted above.

The finding that in neat pyridine the photoproduct formation is faster than in the py/pyH ${ }^{+}$mixture ( $\tau=35 \pm 4 \mathrm{~ns}$ vs. $\tau=$ $68 \pm 7 \mathrm{~ns}$ ) is compatible with our mechanistic proposal from Scheme 1 of the main paper, in which reductive ${ }^{3}$ MLCT quenching by PhOH with concerted proton release to pyridine is the rate-determining reaction step.

Excitation of the triad at 532 nm in de-aerated acetonitrile in presence of 30 mM pyrrolidine leads to the transient absorption spectra in Figure S24. These spectra were detected by time-integration over 200 ns after different delay times (see inset), following the $10-\mathrm{ns}$ excitation pulses.


Figure S24. Transient absorption spectra of $47 \mu \mathrm{M}$ triad in $\mathrm{CH}_{3} \mathrm{CN}$ in presence of 30 mM pyrrolidine, recorded at different time delays $\left(\mathrm{t}_{0}\right)$ following excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

The temporal evolution of the transient absorption signals at 3 different wavelengths ( $370,405,550 \mathrm{~nm}$ ) are shown in Figure S25 along with the ${ }^{3}$ MLCT luminescence decay detected at 630 nm . Two different time axes are used to display rapid (left) and slow processes (right).


Figure S25. Kinetic traces for luminescence at 630 nm and transient absorption at 3 different wavelengths, recorded after excitation of $47 \mu \mathrm{M}$ triad in $\mathrm{CH}_{3} \mathrm{CN}$ in presence of 30 mM pyrrolidine at 532 nm . The laser pulse width was $\sim 10 \mathrm{~ns}$.

In $\mathrm{CH}_{3} \mathrm{CN}$ and with 30 mM pyrrolidine, the luminescence of the triad is quenched to $12 \pm 1 \mathrm{~ns}$. The generated radical decays with a lifetime of $1.5 \pm 0.2 \mu \mathrm{~s}$. In $\mathrm{CH}_{3} \mathrm{CN}$, pyrrolidine $\left(\mathrm{pK}_{\mathrm{a}}=19.56\right)$ is a stronger base compared to pyridine ( $\mathrm{pK} \mathrm{K}_{\mathrm{a}}$
$=12.53) .{ }^{10}$ This can account for the observation of faster reaction kinetics in presence of pyrrolidine than in presence of pyridine ( $12 \pm 1 \mathrm{~ns}$ vs. $68 \pm 7 \mathrm{~ns}$ ).


Figure S26. The $\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}$reference dyad.

The UV-Vis absorption spectra of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in the solvents $\mathrm{CH}_{3} \mathrm{CN}$, pyridine, and pyridine / pyridinium are very similar (orange and gray traces in Figure S27).


Figure S27. Optical absorption spectra of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in $\mathrm{CH}_{3} \mathrm{CN}$ (orange trace), pyridine (gray trace), and in py / $0.22 \mathrm{M} \mathrm{pyH}^{+}$. At wavelengths shorter than 300 nm , pyridine is not sufficiently transparent hence the respective spectra are cut at this wavelength.

Excitation of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration yields the spectrum shown in Figure S28. The signal was time-integrated over a period of 200 ns immediately after excitation. This behavior is comparable to that of the triad, described in the main paper.


Figure S28. Transient absorption spectrum of $42 \mu \mathrm{M} \mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$, recorded recorded after different time delays ( $\mathrm{t}_{0}$ ) following excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

After pulsed excitation, the luminescence intensity at 630 nm decays with the same time constant as the transient absorption signals at $420 \mathrm{~nm}, 460 \mathrm{~nm}$ and 550 nm , namely with $\tau=550 \pm 55 \mathrm{~ns}$ (Figure S29). Thus, no photochemistry occurs after excitation of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat $\mathrm{CH}_{3} \mathrm{CN}$, and there is merely ${ }^{3} \mathrm{MLCT}$ photoluminescence. The transient absorption spectrum in Figure $\mathbf{S 2 8}$ is the signature of that ${ }^{3}$ MLCT state. ${ }^{7,8}$


Figure S29. Kinetic data for $42 \mu \mathrm{M} \mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in de-aerated $\mathrm{CH}_{3} \mathrm{CN}$ after excitation at 532 nm : Decay of the luminescence intensity at 630 nm , and decay of the transient absorption signals at $420 \mathrm{~nm}, 460 \mathrm{~nm}$ and 550 nm .

Excitation of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat, de-aerated pyridine at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration yields the transient absorption spectra shown in Figure S30. The signal was time-integrated over a period of 200 ns immediately after excitation, using different time delays $\left(\mathrm{t}_{0}\right)$ for detection.


Figure S30. Transient absorption spectrum of $47 \mu \mathrm{M} \mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat, de-aerated pyridine, recorded after different time delays ( $\mathrm{t}_{0}$ ) following excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

In de-aerated pyridine, the luminescence intensity at 630 nm decays with the same time constant as the transient absorption signals at $420 \mathrm{~nm}, 465 \mathrm{~nm}$ and 550 nm , namely with $\tau=1090 \pm 109 \mathrm{~ns}$ (Figure S31). This lifetime is comparable with the lifetime of $\left.{ }^{3} \mathrm{MLCT}-\mathrm{Ru}(\mathrm{bpy})\right)_{3}{ }^{2+}$ in various solvents. ${ }^{21}$ Thus, no photochemistry occurs after excitation of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat pyridine, and there is merely ${ }^{3} \mathrm{MLCT}$ photoluminescence. The transient absorption spectra in Figure $\mathbf{S 3 0}$ represent the signature of that ${ }^{3}$ MLCT state. ${ }^{7,8}$


Figure S31. Kinetic data for $47 \mu \mathrm{M} \mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat, de-aerated pyridine after excitation at 532 nm : Decay of the luminescence intensity at 630 nm , and decay of the transient absorption signal at $420 \mathrm{~nm}, 465 \mathrm{~nm}$ and 550 nm .

Excitation of the $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad at 532 nm in de-aerated pyridine with 0.22 M pyridinium using laser pulses of $\sim 10$ ns duration produced the spectra in Figure S32. The signals were time-integrated over a period of 200 ns after excitation using different time delays for detection.


Figure S32. Transient absorption spectra of $47 \mu \mathrm{M} \mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in de-aerated pyridine with 0.22 M pyridinium, recorded after different time delays ( $\mathrm{t}_{0}$ ) following excitation at 532 nm with laser pulses of $\sim 10 \mathrm{~ns}$ duration.

Similar to what is observed in neat $\mathrm{CH}_{3} \mathrm{CN}$ as well as in neat pyridine without pyridinium, the luminescence intensity at 630 nm decays with the same time constant $(\tau=300 \pm 30 \mathrm{~ns})$ as the transient absorption signals at $420 \mathrm{~nm}, 465 \mathrm{~nm}$ and 550 nm (Figure S33). Moreover, the orange trace in Figure S32 strongly resembles the ${ }^{3}$ MLCT difference spectra observed in Figure S28 and Figure S30, and therefore we conclude that in the pyridine / pyridinium buffer the observable spectral signature is that of the ${ }^{3}$ MLCT excited state. However, compared to neat pyridine in which the ${ }^{3}$ MLCT lifetime is $1090 \pm 109 \mathrm{~ns}$ (see above), the ${ }^{3}$ MLCT decay is faster in pyridine / pyridinium buffer by approximately a factor of 3 . This weak quenching is attributed to photoinduced electron transfer from the photoexcited $\mathrm{Ru}(\mathrm{II})$ sensitizer to $\mathrm{MQ}^{+}$coupled to protonation of the latter, owing to the presence of pyridinium. Based on the relevant redox potentials and acidity constants, this reaction is approximately ergoneutral (equation S15 on page S29). The electron transfer products remain undetectable, most likely because they recombine to the starting materials by reverse thermal electron transfer more rapidly than they are formed. This is a common observation for such dyads, and in particular for several previously investigated $\mathrm{Ru}(\mathrm{bpy}) 3^{2+}$-methyl viologen donor-acceptor compounds. ${ }^{25-29}$


Figure S33. Kinetic data for $\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+}$dyad in neat, de-aerated pyridine after excitation at 532 nm : Decay of the luminescence intensity at 630 nm , and decay of the transient absorption signal at $420 \mathrm{~nm}, 465 \mathrm{~nm}$ and 550 nm .

Photoexcitation of the triad in the py $/ 0.22 \mathrm{M} \mathrm{pyH}^{+}$mixture leads to biphasic luminescence decays as shown in Figure 3a of the main paper. The major decay component ( $68 \pm 7 \mathrm{~ns} ; 85 \%$ ) was attributed unambiguously to the formation of the main photoproduct based on complementary transient absorption data (Figure $3 \mathrm{~b} / \mathrm{c}$ in the main article), whereas the minor luminescence decay component ( $780 \pm 80 \mathrm{~ns} ; 15 \%$ ) is compatible with ${ }^{3}$ MLCT decay pathways encountered also in the isolated $\mathrm{Ru}(\mathrm{bpy}){ }_{3}{ }^{2+}$ complex with no attached donors or acceptors. Thus, $\sim 15 \%$ of all excited triad molecules do not undergo photoreaction.

As discussed above, the hydrogen-bonding association between pyridine and PhOH in $\mathrm{CH}_{3} \mathrm{CN}$ is rather weak, and an association constant of $0.16 \pm 0.04 \mathrm{M}^{-1}$ was determined by ${ }^{1} \mathrm{H}$ NMR titrations (pages $\mathrm{S} 19-\mathrm{S} 20$ ). Even in neat pyridine$\mathrm{d}_{5}$ not all PhOH molecules seem to be hydrogen-bonded. Presumably, this is due to the sterically demanding tert-butyl substituents in ortho-position of the hydroxyl group. In earlier studies, this fact even permitted X-ray crystallographic characterization of the 2,4,6-tri-tert-butylphenoxyl radical. ${ }^{16}$ Thus, it seems plausible that also in the py $/ 0.22 \mathrm{M} \mathrm{pyH}^{+}$ mixture a substantial proportion of phenolic units are not hydrogen-bonded, and consequently the respective triad molecules are not predisposed to undergo photochemical reactions. In particular, proton-coupled oxidation of PhOH (identified in the main paper as the rate-determining step in photoproduct formation) is not readily possible for these molecules.

Analysis of the transient absorption data in terms of assessing the quantum yield for photoproduct formation leads to a similar conclusion, as discussed in the following.

The transient absorption spectrum of the triad in neat $\mathrm{CH}_{3} \mathrm{CN}$ (Figure $\mathbf{S 3}$ on page S 15 ) exhibits the typical ${ }^{3}$ MLCT signature of the $\mathrm{Ru}(\mathrm{II})$ photosensitizer. Since the sensitizer in the molecular ensemble of the triad has attached $p$-xylene and phenylene units with donor and acceptor moieties on one of the three bpy ligands, the two main absorption bands of this ${ }^{3}$ MLCT spectrum are somewhat red-shifted with regard to their positions in $\mathrm{Ru}(\mathrm{bpy}) 3^{2+} .{ }^{7}$ Specifically, the band observed at 580 nm in Figure $\mathbf{S 3}$ corresponds to the absorption band at 450 nm of ${ }^{3} \mathrm{MLCT}$-excited $\mathrm{Ru}(\mathrm{bpy}) 3^{2+}$, whereas the more intense band observed at 440 nm in Figure $\mathbf{S 3}$ corresponds to the band at 385 nm in the ${ }^{3}$ MLCT spectrum of $\mathrm{Ru}(\text { bpy })_{3}{ }^{2+} .{ }^{7}$ Similar red-shifts of the ${ }^{3}$ MLCT absorption bands of a $\mathrm{Ru}(\mathrm{II})$ sensitizer incorporated into molecular triads have been observed previously. ${ }^{8}$ At $450 \mathrm{~nm},{ }^{3}$ MLCT-excited $\mathrm{Ru}(\mathrm{bpy}){ }_{3}{ }^{2+}$ has an extinction coefficient of $4.6 \cdot 10^{3} \mathrm{M}^{-1} \mathrm{~cm}^{-}$ ${ }^{1}$, and given the spectral analogy with red-shifts discussed above, we assume that the ${ }^{3} \mathrm{MLCT}-\mathrm{excited} \mathrm{Ru}$ (II) photosensitizer at 580 nm has the same extinction coefficient. ${ }^{7}$ On this basis we determine a concentration of $2.5 \mu \mathrm{M}$ for ${ }^{3}$ MLCT-excited triad under the conditions used to record the data in Figure S3. This corresponds to $\sim 9 \%$ of the total triad concentration $(27 \mu \mathrm{M})$ in the respective sample.

Using the transient absorption data recorded from the triad in the py / $0.22 \mathrm{M} \mathrm{pyH}^{+}$mixture (green trace in Figure 2 a of the main paper) and extinction coefficients of $2.5 \cdot 10^{4} \mathrm{M}^{-1} \mathrm{~cm}^{-1}$ at 400 nm and $5.5 \cdot 10^{3} \mathrm{M}^{-1} \mathrm{~cm}^{-1}$ at 600 nm for the $\mathrm{MQH}^{+}$ unit (assumed to be identical to the extinction coefficients of methyl viologen radical at the respective absorption band
maxima in DMF), ${ }^{14}$ we estimate that the concentration of $\mathrm{PhO}^{\circ}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{+}$photoproduct in this solution is $2.7 \mu \mathrm{M}$. Given a triad concentration of $34 \mu \mathrm{M}$ in this sample, this corresponds to $\sim 8 \%$ photoproduct formation.

Taken together, these experiments indicate that under the typical conditions used for our transient absorption studies, $\sim 9 \%$ of the present triad molecules are excited to the ${ }^{3} \mathrm{MLCT}$ state of the photosensitizer (in $\mathrm{CH}_{3} \mathrm{CN}$ ), and $\sim 8 \%$ of the present triad molecules react to the $\mathrm{PhO}^{-}-\mathrm{Ru}^{2+}-\mathrm{MQH}^{+}$photoproduct (in py / $\mathrm{pyH}^{+}$mixture). From this one can conclude that the quantum yield for photoproduct formation out of the ${ }^{3}$ MLCT excited state is $\sim 90 \%$. This finding is in line with the analysis of the ${ }^{3}$ MLCT luminescence decay behavior made above with $15 \%$ non-reacting ${ }^{3}$ MLCT states due to absence of hydrogen bonding to the phenolic proton.

Given the approximations regarding extinction coefficients described above and given the fact that two separate experiments have to be compared, the quantum yield estimate is associated with considerable error bars. However, in combination with the ${ }^{3}$ MLCT luminescence decay analysis from above this approach becomes reasonably trustworthy.

As noted on page S 17 , the phenolic unit of the $\mathrm{PhOH}-\mathrm{Ru}^{2+}-\mathrm{MQ}^{+}$triad in pyridine is in an acid-base equilibrium with the solvent:

$$
\begin{equation*}
\mathrm{PhOH}+\text { py } \leftrightarrows \mathrm{PhO}^{-}+\mathrm{pyH}^{+} \tag{eq.S1}
\end{equation*}
$$

The law of mass action for this reaction is:

$$
\begin{equation*}
\mathrm{K}=\frac{\left[\mathrm{pyH}^{+}\right] \cdot\left[\mathrm{PhO}^{-}\right]}{[\mathrm{PhOH}][\mathrm{py}]} \tag{eq.S2}
\end{equation*}
$$

As noted above, the equilibrium constant K can be calculated from the acidity constants of $\mathrm{PhOH}\left(\mathrm{pK}_{\mathrm{a} 1}\right) \mathrm{and} \mathrm{pyH}^{+}\left(\mathrm{pK}_{\mathrm{a} 2}\right)$ according to eq. S3. We use the following values for $\mathrm{CH}_{3} \mathrm{CN}$ solution: $\mathrm{pK}_{\mathrm{a} 1}=28,{ }^{9} \mathrm{pK} \mathrm{a}_{\mathrm{a} 2}=12.5 .{ }^{10}$

$$
\begin{equation*}
\mathrm{K}=10^{-\mathrm{ApKa}}=10^{-(\mathrm{pKa} 1-\mathrm{pKa} 2)}=10^{-(28-12.5)}=10^{-15.5} \tag{eq.S3}
\end{equation*}
$$

For chemical reactions involving a single step, the following relationship between equilibrium constant K and rate constants for forward $\left(\mathrm{k}_{\mathrm{f}}\right)$ and backward $\left(\mathrm{k}_{\mathrm{b}}\right)$ reactions is valid:

$$
\begin{equation*}
\mathrm{K}=\mathrm{k}_{\mathrm{f}} / \mathrm{k}_{\mathrm{b}} \tag{eq.S27}
\end{equation*}
$$

Assuming the rate for protonation of $\mathrm{PhO}^{-}$by $\mathrm{pyH}^{+}$is diffusion-limited $\left(\mathrm{k}_{\mathrm{b}}=10^{11} \mathrm{M}^{-1} \mathrm{~s}^{-1}\right)$, it follows for the rate constant for deprotonation ( $\mathrm{k}_{\mathrm{f}}$ ) of PhOH by pyridine:

$$
\begin{equation*}
\mathrm{k}_{\mathrm{f}}=\mathrm{K} \cdot \mathrm{k}_{\mathrm{b}}=10^{-15.5} \cdot 10^{11} \mathrm{M}^{-1} \mathrm{~s}^{-1}=10^{-4.5} \mathrm{M}^{-1} \mathrm{~s}^{-1} \tag{eq.S28}
\end{equation*}
$$

The molarity of neat pyridine is ca. 12 M . The pseudo first-order rate constant for phenol deprotonation then becomes:

$$
\begin{equation*}
\mathrm{k}_{\mathrm{f}}=10^{-4.5} \mathrm{M}^{-1} \mathrm{~s}^{-1} \cdot 12 \mathrm{M} \approx 10^{-3} \mathrm{~s}^{-1} \tag{eq.S29}
\end{equation*}
$$

Thus, the pseudo first-order rate constant for PhOH deprotonation is ca. 10 orders of magnitude slower than the rate constant for photoproduct formation observed for the $\mathrm{PhOH}-\mathrm{Ru}(\mathrm{II})-\mathrm{MQ}^{+} \operatorname{triad}$ in $\mathrm{py} / \mathrm{pyH}^{+}\left(\tau=68 \pm 7 \mathrm{~ns} ; \tau^{-1} \approx 1.5 \cdot 10^{7} \mathrm{~s}^{-1}\right)$. This is incompatible with a dynamic shift of the equilibrium in eq. S1 after photoexcitation, and it excludes the possibility of a proton transfer, electron transfer sequence (PT-ET) for PhO formation after excitation of the triad.

The estimation of $\mathrm{k}_{\mathrm{f}}$ relies on acidity constants for $\mathrm{CH}_{3} \mathrm{CN}$, because $\mathrm{pK}_{\mathrm{a}}$ values for neat pyridine are not available. For the comparison with the experimentally observed rate constant this procedure seems entirely reasonable in view of the resulting very large difference in rate constants ( 10 orders of magnitude; $1.5 \cdot 10^{7} \mathrm{~s}^{-1} \mathrm{vs} .10^{-3} \mathrm{~s}^{-1}$ ). The difference in $\mathrm{pK}_{\mathrm{a}}$
values between PhOH and $\mathrm{pyH}^{+}$would have to become at least 8 logarithmic units smaller in neat pyridine than in $\mathrm{CH}_{3} \mathrm{CN}$ in order for the key conclusion drawn here to become questionable.

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