**Additional file 4:** **Outcomes of interest for assessing patient-focused interventions**

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| **Outcome category** | **Examples** |
| Patients’ knowledge | * Knowledge of condition and long term complications * Self-care knowledge * Knowledge of treatment options and likely outcomes * Comprehension of information * Recall of information |
| Patients’ experience | * Patient satisfaction * Doctor-patient communication * Quality of life * Psychological wellbeing * Self-efficacy * Patient involvement |
| Service utilization and costs | * Hospital admissions * Emergency admissions * Length of hospital stay * GP visits * Cost-effectiveness * Cost to patients * Days lost from work/school |
| Health behaviour and health status | * Self-care activities * Treatment adherence * Disease severity/activity * Symptom control * Functional ability * Clinical indicators |