**Additional file 4:** **Outcomes of interest for assessing patient-focused interventions**

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| **Outcome category** | **Examples** |
| Patients’ knowledge | * Knowledge of condition and long term complications
* Self-care knowledge
* Knowledge of treatment options and likely outcomes
* Comprehension of information
* Recall of information
 |
| Patients’ experience | * Patient satisfaction
* Doctor-patient communication
* Quality of life
* Psychological wellbeing
* Self-efficacy
* Patient involvement
 |
| Service utilization and costs | * Hospital admissions
* Emergency admissions
* Length of hospital stay
* GP visits
* Cost-effectiveness
* Cost to patients
* Days lost from work/school
 |
| Health behaviour and health status | * Self-care activities
* Treatment adherence
* Disease severity/activity
* Symptom control
* Functional ability
* Clinical indicators
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